

Assoc. Prof. TUBA KIZILET TOPATEŞ

Personal Information

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International Researcher IDs

ORCID: 0000-0002-4460-2551

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Education Information

Doctorate, Marmara University, Institute of Health Sciences, Department of Physical Education and Sports, Turkey 2006 - 2011

Postgraduate, Marmara University, Institute of Health Sciences, Department of Physical Education and Sports, Turkey 2004 - 2006

Undergraduate, Marmara University, School of Physical Education and Sports, Sports Coaching Educationn, Turkey 2000 - 2004

Foreign Languages

English, B2 Upper Intermediate

Dissertations

Doctorate, Genç bayan futbolcularda koordinasyon ve pliometrik çalışmaların koşu ekonomisi ve diğer biomotor özellikler üzerine etkisi, Marmara Üniversitesi, Institute of Health Sciences, Hareket Ve Antrenman Bilimleri (Dr), 2011

Postgraduate, Elit futbolcularda(bayan)yüklenme sonucunda kan laktat konsantrasyonu ile idrar üre konsantrasyonu arasındaki ilişki, Marmara Üniversitesi, Institute of Health Sciences, Hareket Ve Antrenman Bilimleri (YI) (Tezli), 2006

Research Areas

Sports Sciences and Technology, Physical Education and Sports

Academic Titles / Tasks

Associate Professor, Marmara University, Faculty of Sport sciences, Sport Coaching, 2018 - Continues

Research Assistant, Marmara University, School of Physical Education and Sports, Sports Coaching Educationn, 2009 - 2018

Research Assistant, Balıkesir University, School Of Physical Education And Sports, Department Of Coaching Education, 2004 - 2006

Academic and Administrative Experience

Other Academic Duty, Marmara University, Institute of Health Sciences, Department of Physical Education and Sports, 2014 - Continues

Marmara University, Institute of Health Sciences, Beden Eğitimi Ve Spor (YI) (Tezli), 2014 - Continues

Courses

ANTRENMAN UYGULAMALARINDA TEKNOLOJİ KULLANIMI, Postgraduate, 2019 - 2020

Badminton Özel Antrenman Teknikleri I, Undergraduate, 2018 - 2019

Takım Sporlarında Saha Testleri ve Antrenman Yönetimi, Postgraduate, 2018 - 2019

Advising Theses

BOZDOĞAN T., U16 yaş amatör genç erkek futbolcularda 8 haftalık çeviklik ve pliometrik antrenmanlarının aerobik ve anaerobik güç üzerine etkisi, Postgraduate, K.EREN(Student), 2018

Jury Memberships

Doctorate, Doctorate, Marmara Üniversitesi, June, 2019

Post Graduate, Post Graduate, Marmara Üniversitesi, June, 2019

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **What Is the Role of Religious Commitment between an Extrovert Personality and Moral Disengagement through Prosocial/Antisocial Behaviours and Moral Identity? An Investigation on Student-Athletes**
Yildiz Cakir L., Goksel A. G., TOGO O. T., Senel E., Yaras A., KIZILET T., Yildiz M.
Religions, vol.15, no.7, 2024 (AHCI)
- II. **Effects of Swedish Massage at Different Times of the Day on Dynamic and Static Balance in Taekwondo Athletes**
Bayrakdaroğlu S., EKEN Ö., Bayer R., YAĞIN F. H., KIZILET T., KAYHAN R. F., Ardigò L. P.
Healthcare (Switzerland), vol.12, no.2, 2024 (SCI-Expanded)
- III. **Development of a video-based test for assessing decision-making proficiency in football referees**
KAYHAN R. F., Kizile A., KIZILET T.
Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology, 2024 (SCI-Expanded)
- IV. **Effect of acute anaerobic performance on zinc alpha 2 glycoprotein, apelin and lipasin levels**
Ünver Ş., Bıyık İ., Akman T., ŞİMŞEK E., Küçük H., Kaplan A., Derebaşı D. G., İşler S., Çınar C., KIZILET T., et al.
PeerJ, vol.12, no.10, 2024 (SCI-Expanded)
- V. **Associations between Force-Time Related Single-Leg Counter Movement Jump Variables, Agility, and Linear Sprint in Competitive Youth Male Basketball Players**
Pamuk O., Makaraci Y., CEYLAN L., KÜÇÜK H., KIZILET T., Ceylan T., KAYA E.
CHILDREN-BASEL, vol.10, no.3, 2023 (SCI-Expanded)
- VI. **Exploration of the effect of small sided games on the technical skills, internal and external loads of main and joker players**
Kumak A., KIZILET A., BOZDOĞAN T.
PROGRESS IN NUTRITION, vol.23, no.2, 2021 (SCI-Expanded)

Articles Published in Other Journals

- I. **Effect Of Distance Physical Training To YYIRL1 And YYIRL2 Test Performance Top Class Soccer Referees And Assistant Referees**
KAPELMAN A. E., KIZILET T., KIZILET A., KİRİŞÇİ İ., KUDAK H. H., UZUN N. E.
Educational Administration: Theory and Practice, vol.30, no.5, pp.1364-1370, 2024 (Peer-Reviewed Journal)
- II. **Investigation Of The Effects Of Coordination And Balance Trainings On Some Biomotor Skills Of Football Players**
KUMAK A., KİRİŞÇİ İ., KIZILET T.
Educational Administration: Theory and Practice, vol.30, no.5, pp.3244-3247, 2024 (Peer-Reviewed Journal)
- III. **Study of the Level of Sports Addiction Among Students at the Faculty of Sports Science**
KIZILET T., Ocak M. F., İztivan İ. H., Çakır L. Y., Çolakoğlu K., Durhan T. A., Kahraman M.
International Journal of Religion, vol.5, no.6, pp.710-714, 2024 (Scopus)
- IV. **Health-related fitness knowledge, physical activity attitude and physical activity in secondary school students: A mediation analysis**
ÇİMEN M., ALP M., KIZILET T.
Biomedical Human Kinetics, vol.16, no.1, pp.163-172, 2024 (ESCI)
- V. **The examination of VO2MAX and anaerobic threshold values in elite soccer players by their positions**
Aksoy Ö., Bozdoğan T., Soyal M., Beyaz M. M.
Journal of Physical Education and Sport, vol.22, no.10, pp.2496-2503, 2022 (Scopus)
- VI. **The Effect of Game Strategies on the Physiological, Physical, and Technical Loads of Soccer Players**
Kapelman A. E., KIZILET A., BOZDOĞAN T.
ANNALS OF APPLIED SPORT SCIENCE, vol.10, no.1, 2022 (ESCI)
- VII. **The effect of differential learning method on the international tennis number level among young tennis player candidates**
YILDIRIM Y., KIZILET A., BOZDOĞAN T.
Educational Research and Reviews, vol.15, no.5, pp.253-260, 2020 (Peer-Reviewed Journal)
- VIII. **Examining the Fear of Happiness Among Football Referees by Specific Variables**
TOGO O. T., BOZDOĞAN T.
JOURNAL OF EDUCATIONAL ISSUES, vol.6, no.1, pp.166-174, 2020 (Peer-Reviewed Journal)

Books & Book Chapters

- I. **Yüksek Şiddetli İnterval Antrenman**
Kızılet A., Bozdoğan T., Kirişçi İ.
in: Spor Bilimleri Alanında Akademik Çalışmalar, Bilal KARAKOÇ, Editor, Duvar Yayınları, Ankara, pp.203-223, 2021
- II. **Badminton'xnda Teknik Taktik Kondisyon Eğitsel Oyunlar ve Kuralları**
YORULMAZLAR M. M., KEPOĞLU A., BOZDOĞAN T.
Gazi Kitapevi, Ankara, 2020
- III. **Badmintonda Teknik Taktik Kondisyon Eğitsel Oyunlar ve Kuralları**
YORULMAZLAR M. M., KEPOĞLU A., BOZDOĞAN T.
Gazi Kitabevi, Ankara, 2020
- IV. **Spora Katılım ve Özelleşme**
Kızılet A., Bozdoğan T., Kirişçi İ.
in: Spor Bilimlerinde Teori ve Araştırmalar, Özgür Karataş, Editor, Gece Kitaplığı, Ankara, pp.151-176, 2020

Refereed Congress / Symposium Publications in Proceedings

- I. **Hazırlık Döneminde Kadın Futbolculara Uygulanan Grid Antrenman Metodunun Kardiyopulmoner Parametreler Üzerine Etkisinin İncelenmesi**
Aksoy Ö., KIZILET T., KİRİŞÇİ İ.
ERPA International Congresses on Education 2023, Balıkesir, Turkey, 8 - 10 September 2023
- II. **30-15IFT, 45-15FIT ve Koşu Bandı Testleri MAS Değerlerine Göre Düzenlenen Kısa İnterval Koşu Antrenmanlarının Fizyolojik Sonuçlarının Değerlendirilmesi.**
KİRİŞÇİ İ., KIZILET A., BOZDOĞAN T.
III. International Congress of Athletic Performance and Health in Sports, İstanbul, Turkey, 21 - 24 October 2021
- III. **Maksimum Aerobik Sürat Belirleme Testlerinden 30-15IFT ile 45-15FIT Testlerinin Fizyolojik Çıktılarının Karşılaştırılması**
KİRİŞÇİ İ., KIZILET A., BOZDOĞAN T.
II. International Congress of Athletic Performance and Health in Sports, İstanbul, Turkey, 22 - 25 October 2020
- IV. **Türkiye Süper Liginde Yer Alan Futbol Takımlarının Covid-19'a Göre İç Ve Dış Saha Teknik Parametrelerinin Karşılaştırılması**
ÖZÇİLİNGİR Ö. M., AKSOY Ö., BOZDOĞAN T.
II. International Congress of Athletic Performance Health in Sports, İstanbul, Turkey, 22 - 25 October 2020, vol.4, pp.1-135

Activities in Scientific Journals

Uluslararası Spor Egzersiz ve Antrenman Bilimi Dergisi , Publication Committee Member, 2017 - 2017

Metrics

Publication: 59

Citation (WoS): 2

Citation (Scopus): 37

H-Index (WoS): 2

H-Index (Scopus): 2

Non Academic Experience

TÜRKİYE FUTBOL FEDERASYONU _MERKEZ HAKEM KURULU

Balıkesir Üniversitesi