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Articles

- I. **Effectiveness of digital combined decongestive therapy for lower extremity lymphedema: a prospective single-arm clinical trial with follow-up.**
Kostanoğlu A., Törpü G. C., Otsay S.
Disability and rehabilitation, pp.1-11, 2026 (SCI-Expanded, SSCI, Scopus)
- II. **Examining The Relationship Between Physical Activity, Life Satisfaction, and Medication Adherence Outcomes Among Older Adults with Chronic Diseases**
Tuncer D., Otsay S., Törpü G. C.
JOURNAL OF BASIC AND CLINICAL HEALTH SCIENCES, vol.10, no.1, pp.64-72, 2026 (ESCI, TRDizin)
- III. **INVESTIGATION OF THE RELATIONSHIP BETWEEN WELL-BEING, BODY AWARENESS AND DEPRESSION PARAMETERS IN HEALTHY ADULTS Sağlıklı Bireylerde İyilik Hali, Vücut Farkındalığı ve Depresyon Parametreleri Arasındaki İlişkinin İncelenmesi**
SAFRAN E., Zeylek B., Gültekin H. C., Usluer İ. N., Otsay S.
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Papers Presented at Peer-Reviewed Scientific Conferences

- I. **How Hypertension Affects Physical Activity and Life Satisfaction in Older Adults?**
Törpü G. C., Otsay S., Tuncer D.
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- II. **Effect of Digital Combined Decongestive Therapy in Patients with Breast Cancer-related Lymphedema: A Follow-up Study**
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- III. **Does Digital Physiotherapy Demonstrate Effectiveness in Both Short and Long-Term Management of Lower Extremity Lymphedema?**
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47th Congress of European Society of Lymphology, İstanbul, Turkey, 30 May - 01 June 2024, pp.1, (Summary Text)
- IV. **Physical Activity, Life Satisfaction and Medication Adherence in Geriatric Individuals with a Chronic Disease**
Otsay S., Törpü G. C., Tuncer D.

7th International Health Science and Life Congress, Burdur, Turkey, 7 - 09 March 2024, pp.1, (Summary Text)

V. Impact of Aerobic Capacity On Agility, Muscle Strength and Endurance in Adolescent Basketball Players

Otsay S., Törpü G. C., Özyılmaz S., Öksüz Ş.

14th International Medicine and Health Sciences Researches Congress, Ankara, Turkey, 23 - 24 December 2023, pp.1, (Summary Text)

VI. The Relationship between Body Composition and Physical Fitness in Young Male Basketball Players

Törpü G. C., Özyılmaz S., Otsay S., Öksüz Ş.

Union of Thrace Universities VI. International Health Sciences Congress, Edirne, Turkey, 30 November - 01 December 2023, pp.1, (Summary Text)

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