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International Researcher IDs

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Publons / Web Of Science ResearcherID: AGZ-5741-2022

ScopusID: 55825744500

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Education Information

Doctorate, Hacettepe University, Sağlık Bilimleri Enstitüsü, Fizyoterapi Ve Rehabilitasyon A.B.D., Turkey 2011 - 2022

Postgraduate, Hacettepe University, Sağlık Bilimleri Enstitüsü, Fizik Tedavi Ve Rehabilitasyon (YI) (Tezli), Turkey 2008 - 2011

Undergraduate, Hacettepe University, Fizik Tedavi Ve Rehabilitasyon Yüksekokulu, Fizik Tedavi Ve Rehabilitasyon Pr., Turkey 2002 - 2006

Foreign Languages

English, C1 Advanced

Certificates, Courses and Trainings

Health&Medicine, AC-OMT Fresh Cadaver Dissection Training - Cranial and Temporomandibular Joint Dissection, Akdeniz University, 2019

Health&Medicine, Basic Body Awareness Therapy B- BBAT B, IBK (Institutet för Basal Kroppskannedom), 2019

Health&Medicine, Strengthening and Stretching for Rheumatoid Arthritis of the Hand (SARAH), University of Oxford Centre for Rehabilitation Research in Oxford, 2019

Health&Medicine, SEAS Method, Scientific Exercise Approach to Scoliosis , Scoliosis Society, İstanbul Kültür University, 2019

Health&Medicine, FITS Method, Functional Individual Therapy of Scoliosis Method , Scoliosis Society, İstanbul Kültür University, 2019

Health&Medicine, Posture Assessment, Scoliosis Society, İstanbul Kültür University, 2019

Vocational Training, Araştırma Eğitimi Programı, Marmara Üniversitesi, 2019

Health&Medicine, Basic Body Awareness Therapy A BBAT A, IBK (Institutet för Basal Kroppskannedom), 2019

Vocational Training, Bilgi ve Belge Yönetimi, Arşivleme Dosya Planları ve Saklama Süreleri, Marmara Üniversitesi, 2018

Vocational Training, Ölçme ve Değerlendirme Yöntemleri, Marmara Üniversitesi, 2018

Vocational Course, Bilimsel Araştırma Nedir ve Nasıl Planlanır Eğitim Programı, Marmara Üniversitesi Sürekli Eğitim Merkezi, Marmara Üniversitesi Tıp Fakültesi, 2018

Health&Medicine, Solunum Fonksiyon Testleri Kursu, Türk TORAKS Derneği, Dr. Suat Seren Göğüs Hastalıkları ve

Cerrahisi Eğitim Araştırma Hastanesi, 2018
Health&Medicine, Kinezyolojik Elektromiyografi Kursu, Uygulamalı Kinezyolojik Yüzeyel EMG Eğitimi, Spor Fizyoterapistleri Derneği - Güven Hastanesi, 2016
Health&Medicine, APPI - The Australian Physiotherapy and Pilates Institute, Pilates Matwork Level 1, The Australian Physiotherapy and Pilates Institute, 2013
Health&Medicine, PINOTAPE Physiotaping Basic Course 1, Kinezyolojik Bantlama Kursu, PINOTAPE Physiotaping, 2011
Health&Medicine, IPNFA - PNF Basic Course -PNF Kursu Temel Seviye I-II (Saxion Universities), Hacettepe University, 2008
Personal Evolution, Radyoculuk - Güzel Konuşma ve Halkla İlişkiler Semineri, Radio Hacettepe, Hacettepe University, 2006

Dissertations

Doctorate, The efficacy of preventive physiotherapy practices on forward head posture and upper extremity work-related functions among office workers with neck pain, Hacettepe University, Sağlık Bilimleri Enstitüsü, Fizyoterapi Ve Rehabilitasyon A.B.D., 2022
Postgraduate, Serebral Palsili bireylerde sağlıkla ilgili yaşam kalitesini değerlendirmede kullanılan ölçeklerin geçerlilik ve güvenilirliklerinin araştırılması, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Fizik Tedavi Ve Rehabilitasyon (YI) (Tezli), 2011

Research Areas

Health Sciences, Physical therapy and rehabilitation

Academic Titles / Tasks

Research Assistant, Marmara University, Faculty of Health Sciences, Physiotherapy and Rehabilitation, 2017 - Continues

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Effect of Skiing on Physical Performance, Pain, and Quality of Life Based on Gender**
Keskin-Aktan A., KESKİN DİLBAY N., Kutlay Ö.
Journal of sport rehabilitation, vol.31, no.7, pp.885-893, 2022 (SCI-Expanded)
- II. **Investigating the reliability, validity, and sensitivity of the scales assessing health related quality of life in cerebral palsy in Turkey**
KESKİN DİLBAY N., KEREM GÜNEL M., AKTAN T.
Developmental Medicine And Child Neurology, vol.57, pp.48, 2015 (SCI-Expanded)
- III. **Reliability and validity of Turkish version of Pediatric Outcome Data Collection Instrument (PODCI) for people with cerebral palsy: PP-06.65**
KESKİN DİLBAY N., KEREM GÜNEL M.
Developmental Medicine And Child Neurology, vol.54, pp.30, 2012 (SCI-Expanded)
- IV. **Health related quality of life of adolescents with cerebral palsy: self versus parent perspectivesPP-06.65**
KESKİN DİLBAY N., KEREM GÜNEL M., AKTAN T.
Developmental Medicine And Child Neurology, vol.54, pp.30, 2012 (SCI-Expanded)

Articles Published in Other Journals

- I. **The Predictors Of Typing Performance In Office Employees With Neck Pain; Neck Disability, Muscle Activity, Posture, And Demographics**
KESKİN DİLÇAY N., KESKİN AKTAN A., ERDEN Z.
World Journal of Advance Healthcare Research, vol.6, no.1, pp.110-118, 2022 (Peer-Reviewed Journal)
- II. **Muscle activation of the upper trapezius and functional typing performance during computer typing task: A comparison of two different wrist immobilization methods**
Aydin N. S., KESKİN DİLÇAY N., SELÇUK H., Ozer A. Y.
JOURNAL OF BODYWORK AND MOVEMENT THERAPIES, vol.27, pp.472-476, 2021 (ESCI)
- III. **Genç Yetişkinlerde Progresif Gevşeme Egzersizlerinin Stres Düzeyi, Uyku Kalitesi ve Egzersiz Kapasitesi Üzerine Etkisi**
OĞUZ S., KESKİN DİLÇAY N., Çeliktaş E., Balçılars R., POLAT M. G.
Sağlık Bilimleri ve Meslekleri Dergisi, vol.6, no.3, pp.534-544, 2019 (Peer-Reviewed Journal)
- IV. **Capability of interactive floor technology in rehabilitation process**
ÖZTÜRK O., KESKİN DİLÇAY N., ERDOĞAN R. U., AYDOĞDU O., DEMİRBUKEN İ., POLAT M. G.
Journal of Exercise Therapy and Rehabilitation, 2018 (Peer-Reviewed Journal)
- V. **INVESTIGATING THE RELIABILITY, VALIDITY, AND SENSITIVITY OF THE SCALES ASSESSING HEALTH RELATED QUALITY OF LIFE AND FUNCTIONAL HEALTH STATUS IN CEREBRAL PALSY**
Dilbay N., Gunel M. K., Aktan T., Guchan Z., Turkyilmaz E. S., ÇANKAYA Ö.
INTERNATIONAL JOURNAL OF PHYSIOTHERAPY, vol.3, no.5, pp.459-471, 2016 (ESCI)
- VI. **Reliability and validity of Turkish version of Pediatric Outcome Data Collection Instrument (PODCI) for people with cerebral palsy**
Keskin Dilbay N., Kerem Günel M., Aktan T.
Türk Fizyoterapi ve Rehabilitasyon Dergisi, vol.24, pp.118-126, 2013 (Peer-Reviewed Journal)

Refereed Congress / Symposium Publications in Proceedings

- I. **Ofis Çalışanlarında Bilgisayarda Yazı Yazma Performansına Etki Eden Faktörlerin İncelenmesi; Çalışma Postürü, Boyun Ağrısı Ve Kas Aktivasyonu**
Keskin Dilbay N., Erden Z.
7. ULUSLARARASI İŞ GÜVENLİĞİ VE ÇALIŞAN SAĞLIĞI KONGRESİ, İstanbul, Turkey, 14 - 15 December 2021, pp.239
- II. **The Effect of Scapular Dyskinesia on The Upper Extremity Reaction Time**
Yücel S., Oğuz S., Keskin Dilbay N., Coşkunsu D., Erkan Oğul Ö.
International Harran Health Sciences Congress-II , Şanlıurfa, Turkey, 6 - 08 May 2021, pp.504-505
- III. **Acute Effects of Static Stretching Intensity and Duration on Muscle Viscoelastic Properties and Proprioception**
Hasırcı Y., Oğuz S., Keskin Dilbay N., Aydoğdu O., Polat M. G.
International Congress of Athletic Performance Health In Sports, İstanbul, Turkey, 24 - 27 October 2019, vol.5, pp.201
- IV. **Bilgisayarda Metin Yazma Görevi Sırasında Üst Trapez Kas Aktivasyonu: İki Farklı El Bileği İmmobilizasyon Yönteminin Karşılaştırılması**
Sermenli Aydın N., Keskin Dilbay N., Selçuk H., Yıldız Özer A.
I. International Balkan Prosthetics-Orthotics Symposium, Edirne, Turkey, 18 - 19 October 2019, pp.30-37
- V. **The relationship between posture and postural stability in healthy individuals**
AYDOĞDU O., ÖZEN T., KESKİN DİLÇAY N., KURU ÇOLAK T., SARI Z., YURDALAN S. U., POLAT M. G.
1 st International Scoliosis Management Conference, 12 - 13 April 2019
- VI. **Restricted Cervical Range of Motion in Adolescent Idiopathic Scoliosis**
AYDOĞDU O., ÖZEN T., KESKİN DİLÇAY N., KURU ÇOLAK T., SARI Z., YURDALAN S. U., POLAT M. G.

- 1 st International Scoliosis Management Conference, 12 - 13 April 2019
- VII. **The Effect of Interactive Floor on Balance**
ERDOĞAN R. U., AYDOĞDU O., ÖZTÜRK O., KESKİN DİLBAŞ N., YURDALAN S. U.
1ST INTERNATIONAL CONGRESS ON PHYSIOTECHNOTHERAPY (ICPTT), SARAYBOSNA, Bosnia And Herzegovina, 9 - 13 May 2018
- VIII. **Associations Between Physical Activity, Physical Activity Adherence and Musculoskeletal Pain Conditions In Sedentary Workers**
KESKİN DİLBAŞ N., ERDOĞAN R. U., KESKİN AKTAN A., POLAT M. G.
International Conference of Physiotechnotherapy (ICPTT), SARAYBOSNA, Bosnia And Herzegovina, 9 - 13 May 2018
- IX. **Capability of Interactive Floor Technology in Rehabilitation Process.**
ÖZTÜRK O., KESKİN DİLBAŞ N., ERDOĞAN R. U., AYDOĞDU O., DEMİRBUKEN İ., POLAT M. G.
International Conference of Physiotechnotherapy (ICPTT), SARAYBOSNA, Bosnia And Herzegovina, 9 - 13 May 2018
- X. **Does Virtual Rehabilitation Affect Knee Proprioception, Agility And Postural Stability?**
AYDOĞDU O., ÖZTÜRK O., KESKİN DİLBAŞ N., ERDOĞAN R. U., SARI Z.
International Conference of Physiotechnotherapy (ICPTT), SARAYBOSNA, Bosnia And Herzegovina, 9 - 13 May 2018
- XI. **Akut aerobik egzersizin reaksiyon zamanı ve el beceri düzeyine etkisi**
KESKİN AKTAN A., KOÇER B., DEMİRTAŞ G., AKTAR M., CİHANGİR K., KOÇAK H., KESKİN DİLBAŞ N., YAZICI M.
1 Nörolojik Fizyoterapi ve Rehabilitasyon Kongresi, Turkey, 29 - 31 March 2018
- XII. **Investigation of relationship between reaction time and hand dexterity (Reaksiyon zamanı ile el beceri düzeyi arasındaki ilişkinin araştırılması)**
KESKİN AKTAN A., MUTLU N., ŞEN H., KESKİN DİLBAŞ N., YAZICI M., ŞIRAYDER U., MENEVŞE Ö.
1st International Health Science And Life Congress (IHSCLC), 2 - 05 May 2018, pp.156
- XIII. **Relationship between dynamic foot posture and knee and ankle joint proprioception**
ERKUL E., TİMURTAŞ E., ÖZGÜL B., KESKİN DİLBAŞ N., AKDUMAN V., POLAT M. G.
International Meeting on Education and Research in Health Sciences (IMER-HS), İstanbul, Turkey, 3 - 05 December 2017
- XIV. **The Relationship Between Motor and Functional Independence Levels of Children with Cerebral Palsy and Their Parents' Quality of Life**
UYGUN İ., TİMURTAŞ E., ÖZGÜL B., USLU E., KESKİN DİLBAŞ N., POLAT M. G.
International Meeting on Education and Research in Health Sciences (IMER-HS), İstanbul, Turkey, 3 - 05 December 2017
- XV. **The effect of physical activity level on quality of life and back-neck pain in college students**
ÖZCAN Z. B., TİMURTAŞ E., ÖZGÜL B., KESKİN DİLBAŞ N., POLAT M. G.
International Meeting on Education and Research in Health Sciences (IMER-HS), İstanbul, Turkey, 3 - 05 December 2017

Memberships / Tasks in Scientific Organizations

Türk TORAKS Derneği, Member, 2018 - Continues
Geriatri Fizyoterapistleri Derneği, Member, 2007 - Continues
Türkiye Fizyoterapistler Derneği, Member, 2007 - Continues

Scientific Refereeing

Journal of Bodywork and Movement Therapies, Other Indexed Journal, March 2021
DEMENTIA AND GERIATRIC COGNITIVE DISORDERS, SCI Journal, July 2018

Metrics

Publication: 25

Citation (WoS): 2

Citation (Scopus): 13

H-Index (WoS): 1

H-Index (Scopus): 2

Congress and Symposium Activities

1st International Conference on Scoliosis Management, Working Group, İstanbul, Turkey, 2019

Nöroplastisiteye Multidisipliner Bakış, Working Group, İstanbul, Turkey, 2019

1st International Congress on Physiotechnotherapy - ICPTT, Working Group, Sarajevo, Bosnia And Herzegovina, 2018

Sağlık Bilimleri Eğitim, Araştırma ve Uygulamalarında Güncel Yönetmeli Kongresi, Working Group, İstanbul, Turkey, 2017

24th Annual Meeting of European Academy of Childhood Disability - EACD 2012, Working Group, İstanbul, Turkey, 2012