

Res. Asst. NİLÜFER KESKİN DİLBAY

Personal Information

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Education Information

Doctorate, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Fizik Tedavi Ve Rehabilitasyon (Dr), Turkey 2011 - Continues

Postgraduate, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Fizik Tedavi Ve Rehabilitasyon (YI) (Tezli), Turkey 2008 - 2011

Undergraduate, Hacettepe Üniversitesi, Fizik Tedavi Ve Rehabilitasyon Yüksekokulu, Fizik Tedavi Ve Rehabilitasyon Pr., Turkey 2002 - 2006

Foreign Languages

English, C1 Advanced

Certificates, Courses and Trainings

Health&Medicine, AC-OMT Fresh Cadaver Dissection Training - Cranial and Temporomandibular Joint Dissection, Akdeniz University, 2019

Health&Medicine, Basic Body Awareness Therapy B- BBAT B, IBK (Institutet för Basal Kroppskannedom), 2019

Health&Medicine, Strengthening and Stretching for Rheumatoid Arthritis of the Hand (SARAH), University of Oxford Centre for Rehabilitation Research in Oxford, 2019

Health&Medicine, SEAS Method, Scientific Exercise Approach to Scoliosis , Scoliosis Society, Istanbul Kültür University, 2019

Health&Medicine, Posture Assessment, Scoliosis Society, Istanbul Kültür University, 2019

Health&Medicine, FITS Method, Functional Individual Therapy of Scoliosis Method , Scoliosis Society, Istanbul Kültür University, 2019

Vocational Training, Araştırma Eğitimi Programı, Marmara Üniversitesi, 2019

Health&Medicine, Basic Body Awareness Therapy A BBAT A, IBK (Institutet för Basal Kroppskannedom), 2019

Vocational Training, Bilgi ve Belge Yönetimi, Arşivleme Dosya Planları ve Saklama Süreleri, Marmara Üniversitesi, 2018

Vocational Training, Ölçme ve Değerlendirme Yöntemleri, Marmara Üniversitesi, 2018

Vocational Course, Bilimsel Araştırma Nedir ve Nasıl Planlanır Eğitim Programı, Marmara Üniversitesi Sürekli Eğitim Merkezi, Marmara Üniversitesi Tıp Fakültesi, 2018

Health&Medicine, Solunum Fonksiyon Testleri Kursu, Türk TORAKS Derneği, Dr. Suat Seren Göğüs Hastalıkları ve Cerrahisi Eğitim Araştırma Hastanesi, 2018

Health&Medicine, Kinezyolojik Elektromiyografi Kursu, Uygulamalı Kinezyolojik Yüzeyel EMG Eğitimi, Spor Fizyoterapistleri Derneği - Güven Hastanesi, 2016

Health&Medicine, APPI - The Australian Physiotherapy and Pilates Institute, Pilates Matwork Level 1, The Australian Physiotherapy and Pilates Institute, 2013

Health&Medicine, PINOTAPE Physiotaping Basic Course 1, Kinezyolojik Bantlama Kursu, PINOTAPE Physiotaping, 2011

Health&Medicine, IPNFA - PNF Basic Course -PNF Kursu Temel Seviye I-II (Saxion Universities), Hacettepe University, 2008

Personal Evolution, Radyoculuk - Güzel Konuşma ve Halkla İlişkiler Semineri, Radio Hacettepe, Hacettepe University, 2006

Dissertations

Postgraduate, Serebral Palsili bireylerde sağlıkla ilgili yaşam kalitesini değerlendirmede kullanılan ölçeklerin geçerlilik ve güvenilirliklerinin araştırılması, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Fizik Tedavi Ve Rehabilitasyon (YI) (Tezli), 2011

Research Areas

Health Sciences, Physical therapy and rehabilitation

Academic Titles / Tasks

Research Assistant, Marmara University, Faculty Of Health Sciences, Physiotherapy And Rehabilitation, 2017 - Continues

Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- I. **Investigating the reliability, validity, and sensitivity of the scales assessing health related quality of life in cerebral palsy in Turkey**
KESKİN DİLBAY N., KEREM GÜNEL M., AKTAN T.
Developmental Medicine And Child Neurology, vol.57, pp.48, 2015 (Journal Indexed in SCI)
- II. **Reliability and validity of Turkish version of Pediatric Outcome Data Collection Instrument (PODCI) for people with cerebral palsy: PP-06.65**
KESKİN DİLBAY N., KEREM GÜNEL M.
Developmental Medicine And Child Neurology, vol.54, pp.30, 2012 (Journal Indexed in SCI)
- III. **Health related quality of life of adolescents with cerebral palsy: self versus parent perspectivesPP-06.65**
KESKİN DİLBAY N., KEREM GÜNEL M., AKTAN T.
Developmental Medicine And Child Neurology, vol.54, pp.30, 2012 (Journal Indexed in SCI)

Articles Published in Other Journals

- I. **Muscle activation of the upper trapezius and functional typing performance during computer typing task: A comparison of two different wrist immobilization methods**
Sermenli Aydın N., Keskin Dilbay N., Selçuk H., Yıldız Özer A.
Journal of Bodywork and Movement Therapies, no.27, pp.472-476, 2021 (Journal Indexed in ESCI)
- II. **Genç Yetişkinlerde Progresif Gevşeme Egzersizlerinin Stres Düzeyi, Uyku Kalitesi ve Egzersiz Kapasitesi Üzerine Etkisi**
OĞUZ S., KESKİN DİLBAY N., Çelikleş E., Balcılar R., POLAT M. G.
Sağlık Bilimleri ve Meslekleri Dergisi, vol.6, no.3, pp.534-544, 2019 (Other Refereed National Journals)
- III. **Capability of interactive floor technology in rehabilitation process**
ÖZTÜRK O., KESKİN DİLBAY N., ERDOĞAN R. U. , AYDOĞDU O., DEMİRBÜKEN İ., POLAT M. G.
Journal of Exercise Therapy and Rehabilitation, 2018 (Other Refereed National Journals)

- IV. **COMPARISON OF MUSCLE ACTIVATION LEVEL, MECHANICAL PROPERTIES OF LOWER LIMB MUSCLES AND VERTICAL JUMP PERFORMANCE BETWEEN PHYSICALLY ACTIVE AND SEDENTARY YOUNG INDIVIDUALS**
KESKİN DİLBAY N., AYDOĞDU O., ÖZTÜRK O., OĞUZ S., POLAT M. G.
journal of Exercise Therapy and Rehabilitation, 2018 (Other Refereed National Journals)
- V. **INVESTIGATING THE RELIABILITY, VALIDITY, AND SENSITIVITY OF THE SCALES ASSESSING HEALTH RELATED QUALITY OF LIFE AND FUNCTIONAL HEALTH STATUS IN CEREBRAL PALSY**
Dilbay N., Gunel M. K. , Aktan T., Guchan Z., Turkyilmaz E. S. , ÇANKAYA Ö.
INTERNATIONAL JOURNAL OF PHYSIOTHERAPY, vol.3, no.5, pp.459-471, 2016 (Journal Indexed in ESCI)
- VI. **Reliability and validity of Turkish version of Pediatric Outcome Data Collection Instrument (PODCI) for people with cerebral palsy**
Keskin Dilbay N., Kerem Günel M., Aktan T.
Türk Fizyoterapi ve Rehabilitasyon Dergisi, vol.24, pp.118-126, 2013 (Other Refereed National Journals)

Refereed Congress / Symposium Publications in Proceedings

- I. **Acute Effects of Static Stretching Intensity and Duration on Muscle Viscoelastic Properties and Proprioception**
Hasırcı Y., Oğuz S., Keskin Dilbay N., Aydoğdu O., Polat M. G.
International Congress of Athletic Performance Health In Sports, İstanbul, Turkey, 24 - 27 October 2019, vol.5, pp.201
- II. **Restricted Cervical Range of Motion in Adolescent Idiopathic Scoliosis**
AYDOĞDU O., ÖZEN T., KESKİN DİLBAY N., KURU ÇOLAK T., SARI Z., YURDALAN S. U. , POLAT M. G.
1 st International Scoliosis Management Conference, 12 - 13 April 2019
- III. **The relationship between posture and postural stability in healthy individuals**
AYDOĞDU O., ÖZEN T., KESKİN DİLBAY N., KURU ÇOLAK T., SARI Z., YURDALAN S. U. , POLAT M. G.
1 st International Scoliosis Management Conference, 12 - 13 April 2019
- IV. **COMPARISON OF MUSCLE ACTIVATION LEVEL, MECHANICAL PROPERTIES OF LOWER LIMB MUSCLES AND VERTICAL JUMP PERFORMANCE BETWEEN PHYSICALLY ACTIVE AND SEDENTARY YOUNG INDIVIDUALS**
KESKİN DİLBAY N., AYDOĞDU O., ÖZTÜRK O., OĞUZ S., POLAT M. G.
1ST INTERNATIONAL CONGRESS ONPHYSIOTECHNOTHERAPY(ICPTT), 9 - 13 May 2018, vol.5
- V. **The Effect of Interactive Floor on Balance**
ERDOĞAN R. U. , AYDOĞDU O., ÖZTÜRK O., KESKİN DİLBAY N., YURDALAN S. U.
1ST INTERNATIONAL CONGRESS ON PHYSIOTECHNOTHERAPY (ICPTT), SARAYBOSNA, Bosnia And Herzegovina, 9 - 13 May 2018
- VI. **Associations Between Physical Activity, Physical Activity Adherence and Musculoskeletal Pain Conditions In Sedentary Workers**
KESKİN DİLBAY N., ERDOĞAN R. U. , KESKİN AKTAN A., POLAT M. G.
International Conference of Physiotechnotherapy (ICPTT), SARAYBOSNA, Bosnia And Herzegovina, 9 - 13 May 2018
- VII. **Capability of Interactive Floor Technology in Rehabilitation Process.**
ÖZTÜRK O., KESKİN DİLBAY N., ERDOĞAN R. U. , AYDOĞDU O., DEMİRBÜKEN İ., POLAT M. G.
International Conference of Physiotechnotherapy (ICPTT), SARAYBOSNA, Bosnia And Herzegovina, 9 - 13 May 2018
- VIII. **Does Virtual Rehabilitation Affect Knee Proprioception, Agility And Postural Stability?**
AYDOĞDU O., ÖZTÜRK O., KESKİN DİLBAY N., ERDOĞAN R. U. , SARI Z.
International Conference of Physiotechnotherapy (ICPTT), SARAYBOSNA, Bosnia And Herzegovina, 9 - 13 May 2018
- IX. **Comparison of Muscle Activation Level, Mechanical Properties of Lower Limb Muscles and Vertical**

Jump Performance Between Physically Active and Sedentary Young Individuals.

KESKİN DİLBAY N., AYDOĞDU O., ÖZTÜRK O., OĞUZ S., POLAT M. G.

International Conference of Physiothernotherapy (ICPTT), 9 - 13 May 2018

- X. **Akut aerobik egzersizin reaksiyon zamanı ve el beceri düzeyine etkisi**
KESKİN AKTAN A., KOÇER B., DEMİRTAŞ G., AKTAR M., CİHANGİR K., KOÇAK H., KESKİN DİLBAY N., YAZICI M.
1 Nörolojik Fizyoterapi ve Rehabilitasyon Kongresi, Turkey, 29 - 31 March 2018
- XI. **Investigation of relationship between reaction time and hand dexterity (Reaksiyon zamanı ile el beceri düzeyi arasındaki ilişkinin araştırılması)**
KESKİN AKTAN A., MUTLU N., ŞEN H., KESKİN DİLBAY N., YAZICI M., ŞIRAYDER U., MENEVŞE Ö.
1st International Health Science And Life Congress (IHSLC), 2 - 05 May 2018, pp.156
- XII. **Relationship between dynamic foot posture and knee and ankle joint proprioception**
ERKUL E., TİMURTAŞ E., ÖZGÜL B., KESKİN DİLBAY N., AKDUMAN V., POLAT M. G.
International Meeting on Education and Research in Health Sciences (IMER-HS), İstanbul, Turkey, 3 - 05 December 2017
- XIII. **The effect of physical activity level on quality of life and back-neck pain in college students**
ÖZCAN Z. B. , TİMURTAŞ E., ÖZGÜL B., KESKİN DİLBAY N., POLAT M. G.
International Meeting on Education and Research in Health Sciences (IMER-HS), İstanbul, Turkey, 3 - 05 December 2017
- XIV. **The Relationship Between Motor and Functional Independence Levels of Children with Cerebral Palsy and Their Parents' Quality of Life**
UYGUN İ., TİMURTAŞ E., ÖZGÜL B., USLU E., KESKİN DİLBAY N., POLAT M. G.
International Meeting on Education and Research in Health Sciences (IMER-HS), İstanbul, Turkey, 3 - 05 December 2017

Memberships / Tasks in Scientific Organizations

Türk TORAKS Derneği, Member, 2018 - Continues

Türkiye Fizyoterapistler Derneği, Member, 2007 - Continues

Geriatric Fizyoterapistleri Derneği, Member, 2007 - Continues

Scientific Refereeing

Journal of Bodywork and Movement Therapies, Other Indexed Journal, March 2021

DEMENTIA AND GERIATRIC COGNITIVE DISORDERS, SCI Journal, July 2018

DEMENTIA AND GERIATRIC COGNITIVE DISORDERS, SCI Journal, June 2018

Edit Congress and Symposium Activities

1st International Conference on Scoliosis Management, Working Group, İstanbul, Turkey, 2019

Nöroplastisiteye Multidisipliner Bakış, Working Group, İstanbul, Turkey, 2019

1st International Congress on Physiothernotherapy - ICPTT, Working Group, Sarajevo, Bosnia And Herzegovina, 2018

Sağlık Bilimleri Eğitim, Araştırma ve Uygulamalarında Güncel Yönelimler Kongresi, Working Group, İstanbul, Turkey, 2017

24th Annual Meeting of European Academy of Childhood Disability - EACD 2012, Working Group, İstanbul, Turkey, 2012

Citations

Total Citations (WOS):1

h-index (WOS):1