

## Res. Asst. NEJLA GERÇEK

### Personal Information

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### Education Information

Doctorate, Marmara University, Institute Of Health Sciences, Department Of Physical Education And Sports, Turkey 2015 - 2020

Post Graduate, Marmara University, Institute Of Health Sciences, Department Of Physical Education And Sports, Turkey 2011 - 2015

Under Graduate, Marmara University, Faculty Of Sport Sciences, Sport Coaching, Turkey 2006 - 2010

### Foreign Languages

English, C1 Advanced

### Dissertations

Doctorate, AMPUTE YÜZÜCÜLERDE KİNETİK VE KİNEMATİK PARAMETRELERDEKİ DEĞİŞİMİN PERFORMANSA ETKİSİ, Marmara University, Institute Of Health Sciences, Department Of Physical Education And Sports, 2020

Post Graduate, Serebral palsili çocuklarda geleneksel ve sanal golf eğitimi programlarının bazı fiziksel parametrelere etkilerinin karşılaştırılması, Marmara University, Institute Of Health Sciences, Department Of Physical Education And Sports, 2015

### Research Areas

Health Sciences

### Academic Titles / Tasks

Research Assistant, Marmara University, Faculty Of Sport Sciences, Sport Coaching, 2013 - Continues

Visiting Lecturer, Marmara University, Faculty Of Sport Sciences, Sport Coaching, 2012 - 2013

### Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- I. **Alternative exercise methods for children with cerebral palsy: effects of virtual vs. traditional golf training**  
GERÇEK N., TATAR Y., UZUN S.  
INTERNATIONAL JOURNAL OF DEVELOPMENTAL DISABILITIES, 2021 (Journal Indexed in SSCI)
- II. **Load distribution on the foot and lofstrand crutches of amputee football players**  
Tatar Y., Gerçek N., Ramazanoğlu N., Gülmez İ., Uzun S., Şanlı G., Karagözoğlu C., Çotuk H. B.

## Articles Published in Other Journals

- I. **Balerin ve Sedanterlerde Kısa Süreli Egzersizin Ayak Taban Basınç Dağılımına Etkisinin Karşılaştırılması: Ön Çalışma**  
Kablan N., Uzun S., Tatar Y., Kulalı F., Gerçek N., Aktaş Ş.  
İzmir Katip Çelebi Üniversitesi Sağlık Bilimleri Fakültesi Dergisi, vol.3, pp.15-20, 2018 (Other Refereed National Journals)
- II. **Çocuklarda Golf Antrenmanlarının Statik ve Dinamik Denge Üzerine Etkisi**  
Gerçek N., Gülmez İ., Tatar Y., Uzun S., Ramazanoğlu N., Yılmaz S., Şanlı G.  
İstanbul Üniversitesi Spor Bilimleri Dergisi, vol.7, pp.1-9, 2017 (Other Refereed National Journals)

## Refereed Congress / Symposium Publications in Proceedings

- I. **'Sınav Hareketinin Algılanan Zorluk Derecesi ile Mekanik Salınımın Karşılaştırılması**  
Oflu E., Kala C., Tatar Y., Uzun S., Gerçek N., Şanlı G., Sani F., Ramazanoğlu N.  
Uluslararası Akademik Araştırmalar Kongresi, (International Congress of Academic Research), Bolu, Turkey, 17 - 19 February 2020, pp.231
- II. **Milli Sporcularda Golf Salınımı Sırasında Ağırlık Transferinin Vuruş Performansına Etkisinin İncelenmesi**  
Asan İ. G. , Gerçek N., Şanlı G., Uzun S.  
2.Uluslararası Hipokrat Tıp Ve Sağlık Bilimleri Kongresi, Ankara, Turkey, 28 - 30 June 2019, pp.313
- III. **The Effects of Exercise on Plantar Pressure Distribution in Children with Cerebral Palsy'**  
UZUN S., TATAR Y., GERÇEK N., ŞANLI G., RAMAZANOĞLU N.  
XXII ISEK Congress of the International Society of Electrophysiology and Kinesiology, 29 June - 02 July 2018
- IV. **The Effects of Virtual and Traditional Golf Programs on Balance During Golf Swing in Children with Cerebral Palsy'**  
GERÇEK N., UZUN S., TATAR Y., ŞANLI G., GÜLMEZ İ., RAMAZANOĞLU N.  
XXII ISEK Congress of the International Society of Electrophysiology and Kinesiology, 29 June - 02 July 2018
- V. **The Effects of Visual Feedback and Athletic Background on Dynamic Balance Ability in Women**  
ŞANLI G., ÇETİNKAYA Y., UZUN S., GERÇEK N., RAMAZANOĞLU N.  
International Meeting on Education and Research in Health sciences (IMER-HS), 3 - 05 November 2017
- VI. **The Effects of 12 Weeks Pilates Reformer Training on Maximum Knee Strength and Endurance in Obese and Lean Women**  
Uzun S., Aksu S., Şanlı G., Gerçek N., Odabaş H. İ.  
22nd Annual Congress of the European College of Sport Science, Dortmund, Germany, 5 - 08 July 2017, pp.89
- VII. **The effects of three year golf training on static and dynamic balance in children**  
Gerçek N., Tatar Y., Uzun S., Ramazanoğlu N., Varlı K.  
14. International Sports Science Congress, Antalya, Turkey, 1 - 04 December 2016, pp.171
- VIII. **THE EFFECTS OF PLYOMETRIC TRAINING ON KNEE JOINT ANGLE-TORQUE RELATIONSHIP IN ELITE HANDBALL PLAYERS**  
ŞANLI G., UZUN S., TATAR Y., ÇAKIR Z., GERÇEK N., RAMAZANOĞLU N.  
34 International Conference of Biomechanics in Sport, 18 - 22 July 2016
- IX. **RELATIONSHIP BETWEEN ISOKINETIC KNEE STRENGTH AND FLIGHT DISTANCE AT DIFFERENT START TECHNIQUES IN EXPERIENCED SWIMMERS**  
RAMAZANOĞLU N., TATAR Y., ŞANLI G., UZUN S., PİŞKINTAŞ B., GERÇEK N., YILMAZ S., GÜLMEZ İ.  
21ST ANNUAL CONGRESS OF THE EUROPEAN COLLEGE OF SPORT SCIENCE, Vienna, Austria, 6 July - 09 October 2016, pp.442

- X. **The Effects of Virtual And Traditional Golf Programs on Strength, Flexibility and Reaction Time in Children with Cerebral Palsy'**  
GERÇEK N., TATAR Y., UZUN S., RAMAZANOĞLU N., ŞANLI G.  
21st Annual Congress of the European College Of Sport Science, 6 July - 09 June 2016
- XI. **Foot Pressure Analysis of The Grab, Track and Kick Start Techniques in Swimming**  
Tatar Y., Uzun S., Ramazanoğlu N., Gerçek N., Şanlı G.  
21st Annual Congress of the European College of Sport Science, Vienna, Austria, 6 - 09 June 2016, pp.171
- XII. **Elit Yüzücü ve Karatecilerin Kuvvet Platformu Denge Parametrelerinin Karşılaştırılması**  
UZUN S., RAMAZANOĞLU N., TATAR Y., GERÇEK N., ŞANLI G.  
6. Antrenman Bilimi Kongresi, Turkey, 30 June - 02 July 2015
- XIII. **Differences in optimum angle of knee extensors between swimmers and handball players**  
TATAR Y., UZUN S., ŞANLI G., RAMAZANOĞLU N., GERÇEK N.  
İnternational symposium on sport science, engineering and technology, 10 - 13 May 2015
- XIV. **A comparison of limits of stability testing between swimmers and Karate players**  
UZUN S., RAMAZANOĞLU N., TATAR Y., ŞANLI G., GERÇEK N.  
İnternational symposium on sport science, engineering and technology, 10 - 13 May 2015
- XV. **EFFECTS OF LONG TERM EXERCISE AND SPORTS PROGRAM ON PHYSICAL PERFORMANCE IN CHILDREN WITH HEMIPLEGIA**  
Gerçek N., Karabürk S., Tatar Y., Uzun S., Akyüz V., Ramazanoğlu N., Çamlıgüney A. F.  
13. International Sports Science Congress, , Konya, Turkey, 7 - 09 December 2014, pp.395-396
- XVI. **Effects of exercise program on balance in children with cerebral palsy**  
Tatar Y., Uzun S., Gerçek N., Ramazanoğlu N., Karagözoğlu C.  
13th International Sport Sciences Congress Proceeding , Konya, Turkey, 7 - 09 November 2014, pp.394
- XVII. **KINEMATIC EVALUATION OF DIFFERENT START TECHNIQUES ON SWIMMING PERFORMANCE**  
RAMAZANOĞLU N., TATAR Y., PİŞKİNTAŞ b., ŞANLI G., GERÇEK N., UZUN S., YILMAZ S., GÜLMEZ İ.  
13. Uluslararası Spor Bilimleri Kongresi, Konya, Turkey, 7 - 09 November 2014, vol.1, pp.359-360

## Supported Projects

Gerçek N., Tatar Y., Project Supported by Other Official Institutions, AMPUTE YÜZÜCÜLERDE KİNETİK VE KİNEMATİK PARAMETRELERDEKİ DEĞİŞİMİN PERFORMANSA ETKİSİ, 2018 - 2020  
Ramazanoğlu N., Tatar Y., Çamlıgüney A. F. , Uzun S., Karagözoğlu C., Atış Tekeli E. S. , Gülmez İ., Yılmaz S., Gerçek N., EU Supported Other Project, Engelli Çocuklara Yönelik Sportif Beceri Ve Koordinasyon Eğitimi Projesi, 2013 - 2014

## Mobility Activity

Erasmus Programme, Student Mobility, Deutsche Sporthochschule Köln, Germany, 2018 - 2019

## Citations

Total Citations (WOS):3

h-index (WOS):1