

## **Assoc. Prof. MERAL SERT**

### **Personal Information**

**Email:** meralagir@marmara.edu.tr

**Other Email:** meralagir@yahoo.com

**Web:** <https://avesis.marmara.edu.tr/meralagir>

### **International Researcher IDs**

ORCID: 0000-0003-0065-8913

Publons / Web Of Science ResearcherID: B-5276-2018

Yoksis Researcher ID: 172557

### **Education Information**

Doctorate, Marmara University, Institute of Social Sciences, Department of Business Administration, Turkey 2018 - 2019

Associate Degree, Ataturk University, Açıköğretim Fakültesi, Turkey 2016 - 2019

Doctorate, Istanbul University, Institute Of Social Sciences, Hayef Bölümü, Turkey 1998 - 2007

Postgraduate, Marmara University, Institute of Social Sciences, Turkey 1992 - 1994

Undergraduate, Marmara University, Ataturk Faculty of Education, Educational Sciences, Turkey 1987 - 1991

### **Foreign Languages**

English, C2 Mastery

### **Dissertations**

Doctorate, Üniversite öğrencilerinin bilişsel çarpıtma düzeyleri ile problem çözme becerileri ve umutsuzluk düzeyleri arasındaki ilişki, Istanbul University, 2007

Postgraduate, Normal lise ile imam hatip lisesi öğrencilerinin denetim odakları üzerine bir inceleme, Marmara University, Institute of Educational Sciences, Department of Educational Sciences, 1994

### **Research Areas**

Guidance and Psychological Counseling

### **Academic Titles / Tasks**

Associate Professor, Marmara University, Ataturk Faculty of Education, Educational Sciences, 2020 - Continues

Research Assistant, Marmara University, Ataturk Faculty of Education, Educational Sciences, 1992 - Continues

### **Courses**

Araştırma Yöntemleri, Undergraduate, 2022 - 2023

Kariyer Danışmanlığı, Postgraduate, 2022 - 2023  
Bireyle Psikolojik Danışma Uygulaması II, Undergraduate, 2022 - 2023  
Yaşam Boyu Gelişimsel Psikolojisi, Undergraduate, 2022 - 2023  
Kariyer Planlama ve Geliştirme, Undergraduate, 2022 - 2023  
Endüstri ve Örgüt Psikolojisi, Undergraduate, 2022 - 2023  
Psikolojik Danışma Becerileri, Undergraduate, 2022 - 2023  
Travma Psikolojisi, Undergraduate, 2022 - 2023  
Okullarda RPD Uygulamaları I, Undergraduate, 2021 - 2022  
Psikolojik Danışma ilke ve Teknikleri, Undergraduate, 2021 - 2022  
Öğrenme, Undergraduate, 2021 - 2022  
Eğitim Psikolojisi, Undergraduate, 2021 - 2022  
Çocuk ve Ergen Psikopatolojisi, Undergraduate, 2021 - 2022  
Undergraduate, 2021 - 2022  
Nöropsikoloji, Doctorate, 2021 - 2022  
Eğitim Psikolojisi, Undergraduate, 2021 - 2022  
Aile psikolojisi, Undergraduate, 2021 - 2022  
Çocuk İstismarı ve İhmali, Undergraduate, 2021 - 2022  
Motivasyon ve Duygu, Undergraduate, 2020 - 2021  
Kurum Deneyimi, Undergraduate, 2019 - 2020  
Psychologie in der Pädagogik, Undergraduate, 2020 - 2021  
Sağlık Psikolojisi, Undergraduate, 2020 - 2021  
Educational Psycholog, Undergraduate, 2020 - 2021, 2018 - 2019, 2011 - 2012  
Rehberlik ve Psikolojik Danışmanlık , Undergraduate, 2020 - 2021  
Psychologie de l'éducation, Undergraduate, 2019 - 2020  
Theory and Approaches in Learning-Teaching, Undergraduate, 2020 - 2021, 2015 - 2016  
Endüstri ve Örgüt Psikolojisi, Undergraduate, 2019 - 2020  
Endüstri ve Örgüt Psikolojisi, Undergraduate, 2019 - 2020  
Klinik Görüşme Becerileri, Undergraduate, 2020 - 2021  
Principles and Techniques of Counseling, Undergraduate, 2020 - 2021, 2018 - 2019, 2017 - 2018  
Eğitim Psikolojisi, Undergraduate, 2020 - 2021, 2019 - 2020  
Orientation Pédagogique, Undergraduate, 2020 - 2021  
Educational Psychology, Undergraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019  
Topluma Hizmet Uygulamaları, Undergraduate, 2019 - 2020  
Educational Psychology, Undergraduate, 2020 - 2021, 2018 - 2019, 2009 - 2010  
Educational Psychology, Undergraduate, 2019 - 2020, 2018 - 2019  
Undergraduate, 2020 - 2021, 2018 - 2019, 2009 - 2010  
Psychologische Schülerberatung, Undergraduate, 2020 - 2021  
Orientation Pédagogique, Undergraduate, 2020 - 2021  
Developmental Psychology, Undergraduate, 2018 - 2019, 2010 - 2011  
Theory and Approaches in Learning-Teaching, Undergraduate, 2018 - 2019, 2014 - 2015, 2012 - 2013  
Educational Psychology, Undergraduate, 2018 - 2019, 2012 - 2013, 2010 - 2011, 2009 - 2010  
Eğitim Psikolojisi, Undergraduate, 2019 - 2020  
Educational Psychology, Undergraduate, 2018 - 2019, 2011 - 2012  
Sınıf Yönetimi, Undergraduate, 2019 - 2020  
Developmental Psychology, Undergraduate, 2018 - 2019, 2014 - 2015, 2013 - 2014, 2012 - 2013, 2010 - 2011  
Observation in School, Undergraduate, 2018 - 2019  
Psikolojik Danışma İlke ve Teknikleri, Undergraduate, 2019 - 2020  
Development Psychology, Undergraduate, 2018 - 2019, 2013 - 2014, 2012 - 2013, 2010 - 2011  
Field Study in Guidance and Counseling, Undergraduate, 2017 - 2018  
Educational Psychology, Undergraduate, 2017 - 2018  
Guidance and Psychological Counseling Seminar, Undergraduate, 2017 - 2018

Classroom Management, Undergraduate, 2018 - 2019  
Classroom Management, Undergraduate, 2018 - 2019  
Developmental Psychology, Undergraduate, 2017 - 2018, 2014 - 2015  
Introduction to Education, Undergraduate, 2018 - 2019  
Classroom Management, Undergraduate, 2018 - 2019, 2013 - 2014  
Classroom Management, Undergraduate, 2018 - 2019, 2014 - 2015  
Developmental Psychology, Undergraduate, 2017 - 2018  
Undergraduate, 2017 - 2018, 2016 - 2017  
Introduction to Educational Science, Undergraduate, 2018 - 2019  
Classroom Management, Undergraduate, 2018 - 2019  
Introduction to Education, Undergraduate, 2018 - 2019  
Guidance, Undergraduate, 2018 - 2019  
Developmental Psychology, Undergraduate, 2017 - 2018, 2013 - 2014, 2012 - 2013, 2010 - 2011  
Introduction to Educational Science, Undergraduate, 2018 - 2019  
Observation in School, Undergraduate, 2018 - 2019  
Classroom Management, Undergraduate, 2018 - 2019  
Guidance, Undergraduate, 2018 - 2019  
Educational Psychology, Undergraduate, 2017 - 2018  
Guidance, Undergraduate, 2018 - 2019, 2015 - 2016  
Undergraduate, 2017 - 2018  
Guidance and Psychological Counseling Seminar, Undergraduate, 2017 - 2018, 2016 - 2017, 2014 - 2015  
Undergraduate, 2017 - 2018  
Undergraduate, 2017 - 2018  
Principles and Techniques of Counseling, Undergraduate, 2017 - 2018, 2015 - 2016  
Topluma Hizmet Uygulamaları, Undergraduate, 2017 - 2018  
Undergraduate, 2016 - 2017, 2015 - 2016  
Undergraduate, 2017 - 2018  
Guidance and Counseling in Industry, Undergraduate, 2017 - 2018, 2015 - 2016, 2014 - 2015, 2013 - 2014, 2012 - 2013, 2011 - 2012  
Undergraduate, 2017 - 2018  
Topluma Hizmet Uygulamaları, Undergraduate, 2017 - 2018  
Introduction to Educational Science, Undergraduate, 2017 - 2018, 2014 - 2015, 2011 - 2012  
Undergraduate, 2017 - 2018  
Rehberlik, Undergraduate, 2017 - 2018  
Learning Psychology, Undergraduate, 2015 - 2016  
Undergraduate, 2016 - 2017  
Learning Psychology, Undergraduate, 2015 - 2016  
Undergraduate, 2016 - 2017  
Undergraduate, 2015 - 2016  
Rehberlik ve Psikolojik Danışma Semineri, Undergraduate, 2015 - 2016  
Field Study in Guidance and Counseling, Undergraduate, 2015 - 2016  
Community Service, Undergraduate, 2015 - 2016  
Postgraduate, 2015 - 2016  
Corporate Experience, Undergraduate, 2014 - 2015  
Theory and Approaches in Learning-Teaching, Undergraduate, 2015 - 2016  
Theory and Approaches in Learning-Teaching, Undergraduate, 2015 - 2016  
Learning Psychology, Undergraduate, 2014 - 2015  
Principles and Techniques of Counseling, Undergraduate, 2015 - 2016  
Community Service, Undergraduate, 2015 - 2016  
Guidance, Undergraduate, 2015 - 2016  
Observation at School, Undergraduate, 2015 - 2016

Classroom Management, Undergraduate, 2014 - 2015  
Classroom Management, Undergraduate, 2013 - 2014  
Classroom Management, Undergraduate, 2013 - 2014  
Introduction to Educational Science, Undergraduate, 2014 - 2015  
Introduction to Educational Science, Undergraduate, 2014 - 2015, 2011 - 2012  
Theory and Approaches in Learning-Teaching, Undergraduate, 2014 - 2015  
Theory and Approaches in Learning-Teaching, Undergraduate, 2014 - 2015  
Classroom Management, Undergraduate, 2013 - 2014  
Guidance, Undergraduate, 2013 - 2014  
Neurological Basis of Psychological Disorders, Undergraduate, 2013 - 2014  
Developmental Psychology, Undergraduate, 2012 - 2013  
Educational Psychology, Undergraduate, 2012 - 2013  
Classroom Management, Undergraduate, 2012 - 2013  
Guidance, Undergraduate, 2012 - 2013  
Educational Psychology, Undergraduate, 2011 - 2012  
Introduction to Educational Sciences, Undergraduate, 2012 - 2013  
Introduction to Educational Science, Undergraduate, 2012 - 2013  
Introduction to Educational Sciences, Undergraduate, 2011 - 2012  
Introduction to Educational Science, Undergraduate, 2011 - 2012  
Introduction to Educational Science, Undergraduate, 2011 - 2012  
Observation in Schools, Undergraduate, 2011 - 2012  
Educational Psychology, Undergraduate, 2009 - 2010  
Guidance, Undergraduate, 2010 - 2011  
Educational Psychology, Undergraduate, 2009 - 2010  
Observation in Schools, Undergraduate, 2009 - 2010

## Advising Theses

Ağır M., Evli bireylerin bağlanma biçimleri ile çatışma çözüm stillerinin çift uyumlarını yordama gücü, Postgraduate, N.GÜLSU(Student), 2019  
Ağır M., Sporun Çocuklar Üzerinde Liderlik Gelişimine Etkisi, Postgraduate, B.Küçük(Student), 2016  
Ağır M., Postgraduate, R.Çoban(Student), 2016

## Taught Courses And Trainings

Akbağ M., Ekşi H., Erden Çınar S., Şirin A., Canel A. N., Ümmet D., Yüksel M., Kalı Soyer M., Ağır M., Aile Danışmanlığı Sertifika Programı, 2020 - 2020  
Akbağ M., Erden Çınar S., AĞIR M., Aile Danışmanlığı Sertifika Programı, 2019 - 2019  
Akbağ M., Ağır M., Aile Danışmanlığı Sertifika Programı, 2017 - 2017  
Ağır M., Aile Danışmanlığı Sertifika Programı, 2016 - 2016  
Ağır M., Aile Danışmanlığı, 2015 - 2015  
Akbağ M., AĞIR M., Aile Danışmanlığı Sertifika Programı, 2014 - 2014

## Articles Published in Other Journals

- I. Factors Affecting Social Exclusion, Friendship Quality, Social Competence and Emotion Management Skills and the Effect of Problem Behaviors on Related Characteristics in Adolescents**  
Ağır M.

- Journal of Education and Training Studies, vol.7, pp.24-48, 2019 (Peer-Reviewed Journal)
- II. **The Effect of Perceived Teacher Behaviors on Students' Self-Esteem and Attitudes Towards Learning**  
Ağır M.  
Journal of Education and Learning, vol.8, no.5, pp.203-218, 2019 (Peer-Reviewed Journal)
- III. **Students' Attitudes Towards Learning, A Study on Their Academic Achievement and Internet Addiction**  
Ağır M.  
World Journal of Education, vol.9, no.4, pp.109, 2019 (Peer-Reviewed Journal)
- IV. **Sosyal Ağ Platformu Wattpad Uygulamasının Ergenlerin Problemleri, Çözüm Stratejileri ve Olası Etkileri Açısından İncelenmesi**  
Ağır M.  
Mediterranean Journal of Educational Research, vol.13, pp.723-752, 2019 (Peer-Reviewed Journal)
- V. **A Model Proposal Regarding the Effect of Adolescents' Psychological Endurance on Internet Addiction and Intermediary Role of Self-Esteem among Related Variables**  
Ağır M.  
TURKISH ONLINE JOURNAL OF EDUCATIONAL TECHNOLOGY, vol.18, no.1, pp.1-14, 2019 (Peer-Reviewed Journal)
- VI. **Sosyal ağ platformu wattpad uygulamasını kullanan gençlerin psikolojik özelliklerinin kişilerarası duyarlılık ve kendini ayarlama davranışları açısından araştırılması**  
Ağır M.  
Gençlik Araştırmaları Dergisi, vol.7, 2019 (Peer-Reviewed Journal)
- VII. **An Analysis on the Secondary School Students Burnout in Terms of Academic Self-Efficiency, Parental Monitoring, Social Support and Leisure Time Activities**  
AĞIR M.  
International Journal of Eurasia Social Sciences, vol.9, pp.2313-2341, 2018 (Peer-Reviewed Journal)
- VIII. **Bilişsel Çarpıtma Ölçeğinin Türkçe Formunun Geçerlilik ve Güvenilirlik Çalışması**  
Ağır M., Yavuzer İ. H.  
Mediterranean Journal of Educational Research, vol.12, pp.175-198, 2018 (Peer-Reviewed Journal)
- IX. **Ergenlerde Psikolojik Sağlık, Okul Tükenmişliği ve İnternet Bağımlılığı Üzerine Bir İnceleme**  
AĞIR M.  
Gençlik Araştırmaları Dergisi, vol.6, pp.5-19, 2018 (Peer-Reviewed Journal)
- X. **Eğitsel Rehberlik Çalışmalarının Önemi**  
Ağır M.  
HAYEF Journal of Education, vol.14, pp.1-20, 2017 (Peer-Reviewed Journal)
- XI. **Sınıf İçi Sosyal Uyum Davranışlarına Yönelik, Prososyal Davranışların Kazanımına İlişkin Grup Rehberliği Örneği**  
AĞIR M.  
İstanbul Sosyal Bilimler Dergisi, pp.1-32, 2017 (Peer-Reviewed Journal)
- XII. **Anne- Çocuk İlişkisinin Kalitesinde Annelerin Ruh Sağlığının ve Psikolojik İyi Olma Halinin Önemi: "Pilot Çalışma: Küçük Grup Çalışması"**  
AĞIR M.  
İstanbul Sosyal Bilimler Dergisi, pp.30-51, 2017 (Peer-Reviewed Journal)
- XIII. **Yaşam Kalitesi, Değerler ve Umut-Umitsizlik**  
AĞIR M.  
Marmara Sosyal Araştırmalar Dergisi, pp.84-103, 2017 (Peer-Reviewed Journal)

## **Books & Book Chapters**

- I. Sert M.  
in: EĞİTİM & BİLİM 2021-III, Songül Karabatak, Editor, Efe akademi, İstanbul, pp.323-340, 2021
- II. **Olağanüstü Doğa Olayları**

Sert M.

in: Çocuk ve Ergenlerde Olağanüstü Durumlarda Psikososyal Destek, Nurten Sargın, Editor, Nobel Yayınevi, Ankara, pp.161-202, 2021

**III. Aileden Kaynaklı Olağanüstü Durumlar**

Sert M.

in: Çocuk ve Ergenlerde Olağanüstü Durumlarda Psikososyal Destek, Nurten Sargın, Editor, Nobel Yayınevi, Ankara, pp.81-160, 2021

**IV. Individuals Responsible for Self-Education in the Emergency Remote Teaching Process: The Importance of Self-Regulation Competency**

Ağır A., Ağır M.

in: Using Technology for Homeschooling and Teaching: Theory, Applications and Future Perspective, Doç. Dr. Utku Köse, Editor, Pegem A Yayıncılık, Ankara, pp.97-124, 2021

**V. Democratic Life Quality Perception, World Assumptions and Values**

Ağır M.

Gece Kitaplığı, Ankara, 2019

**VI. The Effect Of The Family Functions And The Perceived Teacher Behaviors On Smoking, Alcohol Use And Self-Injury (Body-Injury) Behaviour Among The Problematic Behaviors Of Adolescents**

Ağır M.

in: New Horizons in Educational Sciences, Atilla Atık, Editor, GECE AKADEMİ, Ankara, pp.120-145, 2019

**VII. An examination of childhood traumas, self-esteem, prosocial behaviors, and psychological well-being of characters in Disney cartoons: "Frozen"**

AĞIR M.

in: New Horizons in Educational Sciences, , Editor, Gece Yayınevi, İstanbul, pp.100-120, 2019

**VIII. The Effect Of The Family Functions And The Perceived Teacher Behaviors On Smoking, Alcohol Use And Self-Injury (Body-Injury) Behaviour Among The Problematic Behaviors Of Adolescents**

AĞIR M.

in: New Horizons in Educational Sciences, Minaz, Baki Muhammed, Editor, Gece Kitaplığı, Ankara, pp.315-366, 2019

**IX. CONFIRMATION OF MARRIED INDIVIDUALS IN TERMS OF ATTACHMENT AND CONFLICT RESOLUTION STYLES**

Gülsu N., Ağır M.

in: New horizons in Educational Sciences, Muhammet Baki Minaz, Editor, Gece Akademi, İstanbul, pp.159-180, 2019

**X. Duygusal ve Sosyal Gelişim Bağlamında Kişilik Gelişimi**

AĞIR M.

in: Eğitim Psikolojisi, Bakioğlu, Ayşen, Editor, Nobel Yayınevi, Ankara, pp.69-96, 2018

**XI. Eğitimi Biliminin Tarihsel Gelişimi**

AĞIR M.

in: Eğitim Bilimine Giriş, Ayşen Bakioğlu, Editor, Nobel Yayınevi, Ankara, pp.37-57, 2015

**XII. Bedensel Gelişim ve Devinimsel Gelişim**

AĞIR M.

in: Eğitim Psikolojisi - Gelişim ve Öğrenme Psikolojisi, Aydın, Betül, Editor, Nobel Yayınevi, Ankara, pp.65-98, 2014

**XIII. Sosyal Öğrenme Kuramı**

Ağır M.

in: Eğitim Psikolojisi - Gelişim ve Öğrenme, Aydın, Betül, Editor, Nobel Yayın Dağıtım, Ankara, pp.227-256, 2014

**Refereed Congress / Symposium Publications in Proceedings**

**I. Ergenlerde, Öz -Yansıtma ve İç görüş ile Kendini Ayarlama Davranışları Arasındaki İlişki**

Ağır M.

International Congresses on Education ERPA, Sakarya, Turkey, 19 - 22 June 2019, pp.547-554

**II. Investigation of emotions management skills, perceived social competence, friendship quality, social**

## **exclusion and need to belong in adolescents**

AĞIR M.

International Congresses on Education ERPA, İstanbul, Turkey, 28 June - 01 July 2018, vol.48, pp.1034

### **III. Investigation of World assumption, personal attributes and gender roles of adolescents**

AĞIR M.

International Congresses on Education ERPA, İstanbul, Turkey, 28 June - 01 July 2018, vol.48, pp.1033

### **IV. Disney Çizgi Filmlerindeki Karakterlerin Çocukluk Travmaları, Benlik Saygıları, Prososyal Davranışları Ve Psikolojik İyi Oluş Süreçlerinin İncelenmesi: Frozen (Karlar Ülkesi) Örneği**

AĞIR M.

28. Çocuk ve Ergen Ruh Sağlığı ve Hastalıkları Kongresi, İstanbul, Turkey, 9 - 12 May 2018

### **V. Teknolojinin Yeni Bağımlılık Uygulaması ve Riskleri: Wattpad**

Ağır M.

Uluslararası Teknoloji Kongresi, İstanbul, Turkey, 3 - 04 May 2016

### **VI. Bireylerin Yaşam Kalitesi,Yaşam Doyumları İle Benlik Saygısı ve Denetim Odakları Üzerine Bir İnceleme**

AĞIR M.

21. Ulusal Eğitim Bilimleri Kongresi, İstanbul, Turkey, 12 - 14 September 2012

### **VII. Üniversite Öğrencilerinin Proaktif Kişilik Özelliği ile Episdemolojik İnançlar arasındaki İlişki**

AĞIR M.

21. Ulusal Eğitim Bilimleri Kongresi, İstanbul, Turkey, 12 - 14 September 2012

## **Scientific Refereeing**

GENÇLİK ARAŞTIRMALARI DERGİSİ, National Scientific Refreed Journal, August 2019

ADAM AKADEMİ Sosyal Bilimler Dergisi, National Scientific Refreed Journal, July 2019

GENÇLİK ARAŞTIRMALARI DERGİSİ, National Scientific Refreed Journal, June 2019

## **Tasks In Event Organizations**

Sert M., The International Küresan Multidisciplinary Studies Congress 2021, Scientific Congress, Turkey, Ekim 2021

Ağır M., Akyazı E., 1 INTERNATIONAL CONGRESS SOCIAL AWARENESS IN MENTAL HEALTH, Scientific Congress, İstanbul, Turkey, Ekim 2018

## **Metrics**

Publication: 35

Citation (Scopus): 1

H-Index (WoS): 1

H-Index (Scopus): 1

## **Congress and Symposium Activities**

THE RELATIONSHIP BETWEEN VALUES AND QUALITY OF DEMOCRATIC LIFE IN PREVENTION OF VIOLENCE

THE RELATIONSHIP BETWEEN VALUES AND QUALITY OF DEMOCRATIC LIFE IN PREVENTION OF VIOLENCE/Turkey's

Human Rights Institute Workshop , Panelists, Ankara, Turkey, 2019

International Congresses on Education 2019, Moderator, Sakarya, Turkey, 2019

International Congresses on Education 2018, Moderator, İstanbul, Turkey, 2018

## **Invited Talks**

Psychology of the Socially Excluded, Seminar, Marmara Üniversitesi, Turkey, March 2022

Child neglect and abuse, Seminar, Marmara Üniversitesi, Turkey, January 2022