Res. Asst. MELİKE SELÇUK ARPINAR



Personal Information

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Education Information

Doctorate, Istanbul Gelisim University, Graduate Education Enstitute, Business Department, Turkey 2022 - Continues
Undergraduate, Istanbul Gelisim University, Faculty Of Economıcs, Admınıstratıve And Socıal Scıences, Department Of Psychology, Turkey 2020 - 2022
Postgraduate, Beykent University, Institute Of Socıal Scıences, Turkey 2017 - 2019
Postgraduate, Beykent University, Institute Of Socıal Scıences, psychology, Turkey 2016 - 2018
Undergraduate, Anadolu University, Faculty Of Busıness Admınıstratıon, Department Of Busıness, Turkey 2005 - 2012

Foreign Languages

English, B2 Upper Intermediate

Dissertations

Postgraduate, AGES 18-45 COGNİTİVE EMOTİON REGULATİON STRATEGİES OF İNDİVİDUALS ROLE OF SLEEP QUALİTY, Beykent University, Institute Of Socıal Scıences, psikoloji, 2018

Research Areas

Psychology, Behavioural Sciences, Labor Economics and Industrial Relations, Management

Academic Titles / Tasks

Research Assistant, Marmara University, Vocational School of Social Sciences, Foreign Trade, 2014 - Continues

Articles Published in Other Journals

I. **A RESEARCH ON THE EFFECT OF NARCISISTIC PERSONALITY FEATURES ON ORTHOREXIA NERVOSA AND HEDONIC CONSUMPTION**
Selçuk Arpınar M.
MARMARA SOSYAL ARAŞTIRMALAR DERGİSİ, vol.18, no.1, pp.1-20, 2022 (Peer-Reviewed Journal)

II. **The Effect of Cognitive Emotion Regulation on Anxiety, Depression and Stress in Menopausal Women**
Selçuk Arpınar M.
Balkan and Near Eastern Journal of Social Sciences, vol.7, no. Special Issue, pp.154-161, 2021 (Peer-Reviewed Journal)

III. **Sosyo Demografik Özelliklerin Bilişsel Duygu Düzenleme Stratejilerine Etkisine Yönelik Bir Çalışma**
Selçuk Arpınar M.
Balkan and Near Eastern Journal of Social Sciences, vol.6, no.1, pp.144-164, 2020 (Peer-Reviewed Journal)

IV. **A Study on the Effect of Socio-Demographic Features on Sleep Quality**
Selçuk Arpınar M.
Balkan and Near Eastern Journal of Social Sciences, vol.6, no.1, pp.178-196, 2020 (Peer-Reviewed Journal)

V. **The Relationship between Perceived Empowerment Levels of Employees in Turkey**
Selçuk Arpınar M.
Balkan and Near Eastern Journal of Social Sciences, vol.1, pp.178-196, 2020 (Peer-Reviewed Journal)

Books & Book Chapters

I. **Development of corporate governance in Turkey by sectors**
Selçuk Arpınar M. (Editor)
Kriter Yayınevi Kriter Yayınevi, İstanbul, 2023

II. **Eğitimde Başarıyı Etkileyen Faktörler**
Selçuk Arpınar M. (Editor)
KRİTER, İstanbul, 2023

Refereed Congress / Symposium Publications in Proceedings

I. **Ages 18-45 Cognitive Emotion Regulation Strategies of Individuals Role of Sleep Quality**
Arpınar M.
XI. International Balkan and Near Eastern Social Sciences Congress Series - Tekirdağ / Turkey, İstanbul, Turkey, 9 - 10 March 2019, vol.1, pp.473-484

II. **Perceived Level of Empowerment According to Demographic Characteristics of Employees: A Research**
Arpınar M.
International Balkan and Near Eastern Social Sciences Congress Series XI. IBANESS Congress Series-Tekirdağ / TURKEY, Tekirdağ, Turkey, 9 - 10 March 2019, vol.1, pp.485-497

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