

Res. Asst. MELİKE SELÇUK ARPINAR

Personal Information

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Education Information

Doctorate, Istanbul Okan University, Uygulamalı psikoloji, Turkey 2019 - Continues

Postgraduate, Beykent University, Institute Of Social Sciences, psychology, Turkey 2016 - 2018

Foreign Languages

English, B2 Upper Intermediate

Dissertations

Postgraduate, AGES 18-45 COGNİTİVE EMOTİON REGULATİON STRATEGİES OF İNDİVİDUALS ROLE OF SLEEP QUALİTY, Beykent University, Institute Of Social Sciences, psikoloji, 2018

Research Areas

Psychology

Academic Titles / Tasks

Research Assistant, Marmara University, Vocational School Of Social Sciences, Foreign Trade, 2014 - Continues

Refereed Congress / Symposium Publications in Proceedings

- I. **Ages 18-45 Cognitive Emotion Regulation Strategies of Individuals Role of Sleep Quality**
Arpinar M.
XI. International Balkan and Near Eastern Social Sciences Congress Series - Tekirdağ / Turkey, İstanbul, Turkey, 9 - 10 March 2019, vol.1, pp.473-484
- II. **Perceived Level of Empowerment According to Demographic Characteristics of Employees: A Research**
Arpinar M.
International Balkan and Near Eastern Social Sciences Congress Series XI. IBANESS Congress Series-Tekirdağ / TURKEY, Tekirdağ, Turkey, 9 - 10 March 2019, vol.1, pp.485-497