

## Assoc. Prof. EDA TONGA

### Personal Information

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### Dissertations

Doctorate, Romatoid artritli hastalarda kiři merkezli yaklařımla ergoterapi uygulamasının etkinlięi, Hacettepe Üniversitesi, Saęlık Bilimleri Enstitüsü, Fizik Tedavi Ve Rehabilitasyon (Dr), 2011

Postgraduate, Özürlü çocuęa sahip annelerde bel saęlığını etkileyen faktörler, Hacettepe Üniversitesi, Saęlık Bilimleri Enstitüsü, Fizik Tedavi Ve Rehabilitasyon (YI) (Tezli), 2005

### Research Areas

Health Sciences

### Academic Titles / Tasks

Associate Professor, Marmara University, Faculty of Health Sciences, Physiotherapy and Rehabilitation, 2018 - Continues

Assistant Professor, Marmara University, Faculty of Health Sciences, Physiotherapy and Rehabilitation, 2015 - Continues

Assistant Professor, Okan Üniversitesi, Saęlık Bilimleri Yüksekokulu, Fizyoterapi Ve Rehabilitasyon Bölümü, 2014 - 2015

Assistant Professor, Baskent University, Faculty Of Health Sciences, Department Of Physical Therapy And Rehabilitation, 2012 - 2014

Lecturer, Baskent University, Faculty Of Health Sciences, Department Of Physical Therapy And Rehabilitation, 2009 - 2011

Expert, Baskent University, Faculty Of Health Sciences, Department Of Physical Therapy And Rehabilitation, 2005 - 2009

### Academic and Administrative Experience

Okan Üniversitesi, Saęlık Bilimleri Yüksekokulu, Fizyoterapi Ve Rehabilitasyon Bölümü, 2014 - Continues

Okan Üniversitesi, Saęlık Bilimleri Yüksekokulu, Fizyoterapi Ve Rehabilitasyon Bölümü, 2014 - Continues

Başkent Üniversitesi, Saęlık Bilimleri Fakültesi, Fizyoterapi Ve Rehabilitasyon Bölümü, 2013 - 2014

Başkent Üniversitesi, Saęlık Bilimleri Fakültesi, Fizyoterapi Ve Rehabilitasyon Bölümü, 2011 - 2014

Başkent Üniversitesi, Saęlık Bilimleri Fakültesi, Fizyoterapi Ve Rehabilitasyon Bölümü, 2012 - 2013

### Advising Theses

TONGA E., Bel aęrılı hastalarda tüm vücut vibrasyonunun etkinlięi, Postgraduate, İ.Aras(Student), 2019

TONGA E., Üniversite öğrencilerinde akıllı telefon kullanımına yönelik geliştirilen postüral düzgünlük mobil uygulamasının kas-iskelet sistemi problemleri ve egzersiz alışkanlığı üzerine etkisi, Postgraduate, M.Can(Student), 2019

TONGA E., TEMPOROMANDİBULAR EKLEM DİSFONKSİYONLU HASTALARDA SERVİKAL STABİLİZASYON EGZERSİZLERİNİN AĞRI, HAREKET AÇIKLIĞI ve FONKSİYONELLİĞE ETKİSİ, Postgraduate, K.ATEŞ(Student), 2018

TONGA E., İnme sonrası hemiparetik hastalarda; skapular diskinezi, üst ekstremité ağırlık aktarma kapasitesi, omuz fonksiyonları ve aktivite limitasyonları arasındaki ilişkinin incelenmesi, Postgraduate, S.YÜCE(Student), 2018

TONGA E., Temporomandibular eklem disfonksiyonuna özel tampa kinezyofobi ölçeğinin Türkçe geçerliliği ve güvenilirliği, Postgraduate, E.KÜÇÜK(Student), 2017

TONGA E., Bel ağırlı hastalarda fonksiyona yönelik bantlama uygulamasının etkinliği, Postgraduate, M.FATİH(Student), 2017

TONGA E., Romatoid artrit, osteoartrit, fibromiyalji hastalarında fiziksel uygunluk ve fiziksel aktivite düzeylerinin değerlendirilmesi, Postgraduate, M.ACAR(Student), 2013

## **Published journal articles indexed by SCI, SSCI, and AHCI**

- I. **Components, design and effectiveness of digital physical rehabilitation interventions for older people: A systematic review**  
TONGA E., Srikesavan C., Williamson E., Lamb S. E.  
JOURNAL OF TELEMEDICINE AND TELE CARE, vol.28, no.3, pp.162-176, 2022 (SCI-Expanded)
- II. **EVALUATION OF THE EFFECTIVENESS OF MOBILE APP-BASED EXERCISES PROGRAMME IN PATIENTS WITH NECK PAIN: THE RANDOMIZED CONTROLLED TRIAL**  
Beyaztas L., Tonga E.  
ANNALS OF THE RHEUMATIC DISEASES, vol.80, pp.1021, 2021 (SCI-Expanded)
- III. **A hand exercise mobile app for people with rheumatoid arthritis in Turkey: design, development and usability study**  
Tonga E., Williamson E., Srikesavan C., Özen T., Saritas F., Lamb S. E.  
RHEUMATOLOGY INTERNATIONAL, vol.41, no.6, pp.1151-1160, 2021 (SCI-Expanded)
- IV. **Cervical proprioception accuracy is impaired in patients with axial spondyloarthritis**  
Ozen T., TONGA E., POLAT M. G., Bayraktar D., Akar S.  
MUSCULOSKELETAL SCIENCE AND PRACTICE, vol.51, pp.102304, 2021 (SCI-Expanded)
- V. **Measurement of cervical proprioception in patients with axial spondyloarthritis**  
ÖZEN T., TONGA E., POLAT M. G., AKAR S.  
ANNALS OF THE RHEUMATIC DISEASE, pp.1864, 2018 (SCI-Expanded)
- VI. **Comparison of Physical Activity Levels in Rheumatic Diseases**  
Acar M., Tonga E., Daskapan A., Karatas M., Tekindal A.  
AKTUELLE RHEUMATOLOGIE, vol.42, no.4, pp.329-335, 2017 (SCI-Expanded)
- VII. **Evaluation of musculoskeletal complaints associated with smartphone use among university students and related risk factors**  
TONGA E., ÖZGÜL B., TİMURTAŞ E., can m., HASIRCI Y., POLAT M. G.  
BMJ Open, vol.76, pp.1504, 2017 (SCI-Expanded)
- VIII. **Development and reliability of a Turkish version of the Short Form-Joint Protection Behavior Assessment (JPBA-S)**  
TONGA E., Uysal S. A., Karayazgan S., Hayran M., DÜGER T.  
JOURNAL OF HAND THERAPY, vol.29, no.3, pp.275-280, 2016 (SCI-Expanded)
- IX. **The Short Time Effects of Kinesiotaping on Hallux Valgus Degree Pain Intensity and Plantar Pressure Distribution in Rheumatoid Foot A Pilot Study**  
TONGA E., ÖZGÜL B., TİMURTAŞ E., DEMİRBÜKEN İ., ŞEN N., TEZCAN M., POLAT M. G.  
Annals Of The Rheumatic Diseases, vol.75, pp.1277, 2016 (SCI-Expanded)
- X. **Kinesiophobia Affects Range of Knee Flexion at Early Stage Following Anterior Cruciate Ligament Reconstruction**

DEMİR BÜKEN İ., ÖZGÜL B., ARIKAN E., TONGA E., POLAT M. G.

Annals Of The Rheumatic Diseases, vol.75, pp.1279, 2016 (SCI-Expanded)

- XI. **Cross-cultural adaptation, reliability and validity of the Turkish version of the Chronic Venous Disease Quality of Life Questionnaire (CIVIQ-20)**  
ÖZDEMİR Ö. Ç., TONGA E., Tekindal A., BAKAR Y.  
SPRINGERPLUS, vol.5, 2016 (SCI-Expanded)
- XII. **Effectiveness of Client-Centered Occupational Therapy in Patients With Rheumatoid Arthritis: Exploratory Randomized Controlled Trial**  
TONGA E., Dusger T., KARATAŞ M.  
ARCHIVES OF RHEUMATOLOGY, vol.31, no.1, pp.6-13, 2016 (SCI-Expanded)
- XIII. **Cross-cultural adaptation, reliability and validity of the Turkish version of the Upper Limb Functional Index (ULFI)**  
TONGA E., Durutturk N., Gabel C. P., TEKİNDAL M. A.  
JOURNAL OF HAND THERAPY, vol.28, no.3, pp.279-285, 2015 (SCI-Expanded)
- XIV. **Activity performance problems of patients with cardiac diseases and their impact on quality of life**  
DURUTÜRK N., TONGA E., KARATAŞ M., DOĞANÖZÜ E.  
JOURNAL OF PHYSICAL THERAPY SCIENCE, vol.27, no.7, pp.2023-2028, 2015 (SCI-Expanded)
- XV. **CROSS-CULTURAL ADAPTATION, RELIABILITY AND VALIDITY OF THE TURKISH VERSION OF THE SPINE FUNCTIONAL INDEX**  
Tonga E., Gabel P. C., Karayazgan S., Cuesta Vargas A.  
ANNALS OF THE RHEUMATIC DISEASES, vol.74, pp.1315, 2015 (SCI-Expanded)
- XVI. **DEVELOPMENT AND RELIABILITY OF TURKISH VERSION OF THE SHORT FORM-JOINT PROTECTION BEHAVIOR ASSESSMENT (JPBA-S)**  
Tonga E., Uysal S. A., Karayazgan S., Hayran M.  
ANNALS OF THE RHEUMATIC DISEASES, vol.74, pp.1333, 2015 (SCI-Expanded)
- XVII. **LINGUISTIC VALIDATION AND CULTURAL ADAPTATION OF THE VALUED LIFE ACTIVITIES SCALE IN TURKEY IN PEOPLE WITH RHEUMATOID ARTHRITIS**  
Tonga E., Hammond A., Prior Y.  
ANNALS OF THE RHEUMATIC DISEASES, vol.74, pp.1333-1334, 2015 (SCI-Expanded)
- XVIII. **Cross-cultural adaptation, reliability and validity of the Turkish version of the spine functional index**  
TONGA E., GABEL C. P., KARAYAZGAN S., Cuesta-Vargas A. I.  
HEALTH AND QUALITY OF LIFE OUTCOMES, vol.13, 2015 (SCI-Expanded)
- XIX. **Cross-cultural adaptation, reliability and validity of the Turkish version of the Lower Limb Functional Index**  
DURUTÜRK N., TONGA E., GABEL C. P., ACAR M., TEKİNDAL M. A.  
DISABILITY AND REHABILITATION, vol.37, no.26, pp.2439-2444, 2015 (SCI-Expanded)
- XX. **Effectiveness of client centred occupational therapy in patients with rheumatoid arthritis**  
TONGA E., DÜĞER T., KARATAŞ M.  
Turkish Journal Of Rheumatology, 2015 (SCI-Expanded)
- XXI. **The Effect of Balance Training by Tetraks Interactive Balance System on Balance and Fall Risk in Parkinson's Patients: A Report of Four Cases**  
Balci N. C., TONGA E., GÜLŞEN M.  
NOROSPIKIYATRI ARSIVI-ARCHIVES OF NEUROPSYCHIATRY, vol.50, no.3, pp.283-287, 2013 (SCI-Expanded)
- XXII. **Effects of two different quadriceps strengthening exercise approaches on cardiovascular fitness in healthy female subjects: A single blind randomized study**  
DAŞKAPAN A., TONGA E., DURUTÜRK N., TÜZÜN E. H.  
JOURNAL OF BACK AND MUSCULOSKELETAL REHABILITATION, vol.25, no.2, pp.81-87, 2012 (SCI-Expanded)
- XXIII. **Factors affecting low back pain in mothers who have disabled children**  
TONGA E., DÜĞER T.  
Journal Of Back And Musculoskeletal Rehabilitation, vol.21, pp.219-226, 2008 (SCI-Expanded)
- XXIV. **The Shoulder Pain and Disability Index SPADI Cross culturaladaptation reliability and validity of the**

## **Turkish version**

BUMİN G., TÜZÜN E. H., TONGA E.

Journal Of Back And Musculoskeletal Rehabilitation, vol.21, pp.57-62, 2008 (SCI-Expanded)

## **Articles Published in Other Journals**

- I. **Intervening to Enhance The Occupational Performance of Children With Obstetrical Brachial Plexus Palsy: A Randomized Controlled Trial**  
Uysal S. A., TONGA E.  
TURKISH JOURNAL OF PHYSIOTHERAPY REHABILITATION-TURK FIZYOTERAPI VE REHABILITASYON DERGISI, vol.32, no.2, pp.141-157, 2021 (ESCI)
- II. **Translating the Strengthening and Stretching for Rheumatoid Arthritis of the Hand Programme from clinical trial to clinical practice: An effectiveness-implementation study**  
Williamson E., Srikesavan C., Thompson J., TONGA E., Eldridge L., Adams J., Lamb S. E.  
HAND THERAPY, vol.25, no.3, pp.87-97, 2020 (ESCI)
- III. **Differences in Physical Activity and Physical Fitness Level in Patients with Fibromyalgia Syndrome and Healthy Individuals**  
Ozkoslu M. A., TONGA E., DAŞKAPAN A., Karatas M., Tekindal M. A.  
CLINICAL AND EXPERIMENTAL HEALTH SCIENCES, vol.7, no.3, pp.94-99, 2017 (ESCI)
- IV. **Community Based Physical Activity**  
TONGA E.  
Turkiye Klinikleri, vol.2, pp.136-140, 2016 (Peer-Reviewed Journal)
- V. **The relationship between scapular dyskinesia pain range of motion and flexibility in patients with neck and shoulder problems**  
ÖZÜNLÜ PEKYAVAŞ N., KUNDURACILAR Z., ERSİN A., ERGÜNEŞ C., TONGA E., KARATAŞ M.  
AGRI-THE JOURNAL OF THE TURKISH SOCIETY OF ALGOLOGY, vol.26, pp.119-125, 2014 (Scopus)
- VI. **Bir Üniversite Kliniğinde Çalışan Türk Diş Hekimlerinin Mesleki Kas İskelet Problemlerinin ve İlgili Risk Faktörlerinin Değerlendirmesi**  
TONGA E., ATASAVUN UYSAL S., GÜNGÖR H. C.  
Clinical dentistry and research, vol.37, pp.38-44, 2013 (Peer-Reviewed Journal)
- VII. **Kronik bel ağrısında bel sağlığına yönelik farklı eğitimlerin korku kaçınma tutumları ve aktivite performansına etkilerinin karşılaştırılması**  
TONGA E., DAŞKAPAN A., DÜGER T., ÖZÜNLÜ PEKYAVAŞ N.  
TURKISH JOURNAL OF PHYSIOTHERAPY REHABILITATION-FIZYOTERAPI REHABILITASYON, vol.23, pp.17-25, 2012 (Scopus)

## **Refereed Congress / Symposium Publications in Proceedings**

- I. **BARRIERS FOR THE UPTAKE OF EULAR POSTGRADUATE EDUCATION FOR HEALTH PROFESSIONALS IN RHEUMATOLOGY IN EASTERN EUROPEAN COUNTRIES: RESULTS FROM 3 NATIONAL SURVEYS**  
Van Bodegom-Vos L., Vlieland T. P. M. V., Carmona L., Damjanov N., Domjan A., Goehmann A., Iagnocco A., Kosanovic M., Moe R. H., Peter W., et al.  
Annual European Congress of Rheumatology (EULAR), ELECTR NETWORK, 03 June 2020, vol.79, pp.567
- II. **QUALITATIVE STUDY EXPLORING THE BARRIERS AND FACILITATORS TO HOME-BASED EXERCISE PROGRAMS ADHERENCE WITH KNEE OSTEOARTHRITIS: THE PERSPECTIVES PHYSIOTHERAPISTS AND PATIENTS.**  
Akgul H., Aydin N. S., Sari Z., Birtane M., Tonga E.  
Annual European Congress of Rheumatology (EULAR), ELECTR NETWORK, 03 June 2020, vol.79, pp.1264-1265
- III. **A HAND EXERCISES MHEALTH APP FOR PATIENTS WITH RHEUMATOID ARTHRITIS: DEVELOPMENT,**

## **DESIGN AND USABILITY STUDY IN TURKEY**

Tonga E., Srikesavan C., Williamson E., Lamb S.

Annual European Congress of Rheumatology (EULAR), ELECTR NETWORK, 03 June 2020, vol.79, pp.1959-1960

- IV. **Simulated hippotherapy system development**  
SARI Z., KAPLANOĞLU E., GÜNAY YAZICI C., ÜLKİR O., TONGA E., KURU ÇOLAK T., POLAT M. G.  
7.Ulusal Fizyoterapi Ve Rehabilitasyon Kongresi, Ankara, Turkey, 18 April 2019, vol.30, pp.58-59
- V. **DEVELOPMENT AND DESIGN OF SMARTPHONE APPLICATION FOR POSTURAL ALIGNMENT OF CERVICAL AND THORACIC SPINE FOR YOUNG ADULTS**  
TONGA E., Can M., POLAT M. G.  
Annual European Congress of Rheumatology (EULAR), Madrid, Spain, 12 - 15 June 2019, vol.78, pp.1466
- VI. **TEMPOROMANDİBULAR EKLEM DİSFONKSİYONUNA ÖZEL TAMPA KİNEZYOFOBİ ÖLÇEĞİNİN TÜRKÇE GEÇERLİLİĞİ VE GÜVENİLİRLİĞİ**  
KÜÇÜK E., TONGA E.  
7. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi, Ankara, Turkey, 18 - 20 April 2019
- VII. **INVESTIGATION OF IMMEDIATE EFFECT OF CERVICAL STABILISATION EXERCISES ON PROPRIOCEPTION IN PATIENTS WITH NECK PAIN**  
TONGA E., ÖZEN T., TİMURTAŞ E., POLAT M. G.  
Annual European Congress of Rheumatology, Amsterdam, Netherlands, 13 - 16 June 2018, vol.77, pp.1789-1790
- VIII. **INVESTIGATION OF IMMEDIATE EFFECT OF SCAPULA MOBILIZATION ON SHOULDER PROPRIOCEPTION IN SUBACROMIAL IMPINGEMENT SYNDROME**  
TİMURTAŞ E., TONGA E., ÖZEN T., AYŞEGÜL A., POLAT M. G.  
1st International Congress on Physiotherapy (ICPTT), Sarajevo, Bosnia And Herzegovina, 9 - 13 May 2018
- IX. **THE DEVELOPMENT OF DIGITAL GONIOMETER AND INVESTIGATION OF CLINICAL USABILITY**  
TİMURTAŞ E., AKGÜN G., ÖZEN T., KAPLANOĞLU E., TONGA E., POLAT M. G.  
1st International Congress on Physiotherapy (ICPTT), 9 - 13 May 2018
- X. **THE INTER-RATER RELIABILITY OF UPPER EXTREMITY WEIGHT BEARING ASSESSMENT BY USING MODIFIED JAMAR DYNAMOMETER**  
KAPŞIGAY B., KARAKOÇ Z. B., TONGA E., SARI Z., POLAT M. G.  
INTERNATIONAL CONGRESS ON PHYSIOTHERAPY, 9 - 13 May 2018
- XI. **Effect of age, gender and anthropometric variables on morphological and mechanical properties of foot intrinsic muscles in asymptomatic individuals**  
TAŞ S., ÜNLÜER N. Ö., TONGA E.  
International Congress on Physiotherapy (ICPTT), Sarajevo, Bosnia And Herzegovina, 9 - 13 May 2018, pp.81
- XII. **Assessing the usability of A 'Novel Exoskeleton For Hand Rehabilitation' device from The perspective of physiotherapist: A qualitative analysis research with in-dept interview**  
TONGA E., AKGÜN G., TİMURTAŞ E., ÖZEN T., POLAT M. G., KAPLANOĞLU E.  
International Congress on Physiotherapy, 9 - 13 May 2018
- XIII. **The effect of tibialis posterior myofascial releasing, stretching and strengthening exercises on balance and jumping**  
ÖZTÜRK O., TONGA E., POLAT M. G., Güngördü A. C., Güleş B., Özer D., Uğurlu M. K., Öner S. U.  
5. Uluslararası Spor Fizyoterapistleri Kongresi, 9 - 11 November 2017
- XIV. **THE EFFECT OF TIBIALIS POSTERIOR MYOFASCIAL RELEASING, STRETCHING AND STRENGTHENING EXERCISES ON BALANCE AND JUMPING**  
ÖZTÜRK O., TONGA E., POLAT M. G.  
The Ninth of International Congress of Sports Physiotherapists, 9 - 11 November 2017
- XV. **Musculoskeletal Pain in Football Referees**  
TİMURTAŞ E., ÖZGÜL B., ALDEMİR M., SERTER T., YILDIZ M. E., TONGA E., POLAT M. G.  
International Meeting on Education and Research in Health Sciences, İstanbul, Turkey, 3 - 05 November 2017, pp.20
- XVI. **The Effect of Clinical Pilates Exercise on Musculoskeletal System Disorders and Ergonomic Working**

## Positions

TONGA E., KAVLAK B., Akten T., Cambaz N., Torlacık M., POLAT M. G.

Internationala meeting on Education and Research in Health Sciences, 3 - 05 November 2017

- XVII. EVALUATION OF MUSCULOSKELETAL COMPLAINTS ASSOCIATED WITH SMARTPHONE USE AMONG UNIVERSITY STUDENTS AND RELATED RISK FACTORS**  
Tonga E., Ozgul B., Timurtas E., Can M., Hasirci Y., Polat M. G.  
Annual European Congress of Rheumatology, Madrid, Spain, 14 - 17 June 2017, vol.76, pp.1504
- XVIII. EVALUATION OF MUSCULOSKELETAL COMPLAINTS ASSOCIATED WITH SMARTPHONE USE AMONG UNIVERSITY STUDENTS AND RELATED RISK FACTORS**  
TONGA E., ÖZGÜL B., TİMURTAŞ E., CAN M., HASIRCI Y., POLAT M. G.  
Annals of the Rheumatic Diseases, Madrid, Spain, 14 - 17 June 2017, vol.76, pp.1504
- XIX. Kinesiophobia Affects Range of Knee Flexion at Early Stage Following Anterior Cruciate Ligament Reconstruction**  
DEMİRBÜKEN İ., ÖZGÜL B., ARIKAN E., TONGA E., POLAT M. G.  
Annual European Congress of Rheumatology 2016, United Kingdom, 8 - 11 June 2016
- XX. The short time effects of kinesiotaping on hallux valgus degree pain intensity and plantar pressure distribution in rheumatoid foot**  
TONGA E., ÖZGÜL B., TİMURTAŞ E., DEMİRBÜKEN İ., ŞEN N., TEZCAN M., POLAT M. G.  
EULAR Congress, Londrina, Brazil, 8 - 11 June 2016
- XXI. The Short Time Effects of Kinesiotaping on Hallux Valgus Degree Pain Intensity and Plantar Pressure Distribution in Rheumatoid Foot A Pilot Study**  
TONGA E., ÖZGÜL B., TİMURTAŞ E., DEMİRBÜKEN İ., ŞEN N., TEZCAN M., POLAT M. G.  
Annual European Congress of Rheumatology 2016, 8 - 11 June 2016
- XXII. Kinesiophobia affects range of knee flexion at early stage following anterior cruciate ligament reconstruction**  
DEMİRBÜKEN İ., ÖZGÜL B., ARIKAN E., TONGA E., POLAT M. G.  
The European League Against Rheumatism Congress, 8 - 11 June 2016
- XXIII. Validity of canadian occupational performance measurement in patients with upper limb disorders**  
TONGA E.  
EULAR congress, 8 - 11 June 2016
- XXIV. The Short Time Effects Of Kinesiotaping On Hallux Valgus Degree Pain Intensity And Plantar Pressure Distribution In Rheumatoid Arthritis**  
TONGA E., ÖZGÜL B., TİMURTAŞ E., DEMİRBÜKEN İ., ŞEN N., TEZCAN M. E.  
The European League Against Rheumatism Congress, 8 - 11 June 2016
- XXV. The short time effects of kinesiotaping on hallux valgus degree pain intensity and plantar pressure distribution in rheumatoid foot A pilot study**  
TONGA E., ÖZGÜL B., TİMURTAŞ E., DEMİRBÜKEN İ., ŞEN N., TEZCAN M., POLAT M. G.  
EULAR, 8 - 11 June 2016, vol.75, pp.1277
- XXVI. Kinesiophobia affects range of knee flexion at early stage following anterior cruciate ligament reconstruction**  
DEMİRBÜKEN İ., ÖZGÜL B., ARIKAN E., TONGA E., POLAT M. G.  
EULAR, 8 - 11 June 2016, vol.75, pp.1279
- XXVII. Artritli Hastalar için Yaşam Biçimi Yönetim Programları Davranışsal Eklem Koruma Yöntemleri**  
TONGA E.  
1. Ulusal Romatolojik Rehabilitasyon Kongresi, Ankara, Turkey, 5 - 06 October 2015
- XXVIII. Ankilozan Spondilitli Hastalarda Fiziksel Aktivite Seviyesi Fiziksel Uygunluk Parametreleri Yaşam Kalitesi ve Hastalık Aktivitesi Sonuçları Arasındaki İlişki Pilot Çalışma**  
TONGA E., ACAR M., AYYILDIZ S., ATABAŞ N., ARIK F., BAŞOLUK B. T., BALCI B.  
15. Fizyoterapide Gelişmeler Kongresi, Ankara, Turkey, 8 - 12 April 2014, vol.25, pp.56
- XXIX. Cross Cultural Adaptation Reliability and Validity of the Turkish Version of the Upper Limb Functional Index ULFI**

- TONGA E., Philip G., KARAYAZGAN S., Cueasta Vargas A.  
Annual European Congress of Rheumatology, Paris, France, 11 - 14 June 2014, vol.73, pp.1223
- XXX. **Physical Inactivity in adults with rheumatic diseases**  
TONGA E., Philip G., KARAYAZGAN S., Cueasta Vargas A.  
Annual European Congress of Rheumatology, Paris, France, 11 - 14 June 2014, vol.73, pp.1223-1224
- XXXI. **Ankilozan Spondilitli Hastaların Egzersiz Kapasitesi Nefes Darlığı Göğüs Ekspansiyonu Yasam Kalitesi Ve Hastalık Aktivitesi Sonuçlarının İlişkisi**  
ACAR M., TONGA E., Ayyıldız S., Balcı B.  
Türk Toraks Derneği 17.Yıllık Kongresi, Antalya, Turkey, 2 - 06 April 2014
- XXXII. **Romatoid artırtli hastalarda 6 dakika yürüme testi yanıtlarının belirlenmesi**  
ACAR M., TONGA E., DAŞKAPAN A., DURUTÜRK N.  
Türk Toraks Derneği, Pulmoner Rehabilitasyon ve Evde Bakım Hizmetleri Sempozyumu, Ankara, Turkey, 14 - 16 November 2013
- XXXIII. **Physical activity level and physical fitness in patients with rheumatoid arthritis**  
TONGA E., Philip G., KARAYAZGAN S., Cueasta Vargas A.  
Annual European Congress of Rheumatology, Madrit, Italy, 12 - 15 June 2013, vol.72, pp.1096
- XXXIV. **Romatoid Artritli Haslarda Fizyoterapi ve Rehabilitasyon**  
TONGA E.  
4. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi, Denizli, Turkey, 9 - 11 May 2013
- XXXV. **Kronik Boyun Ağrısında Sigara İçmenin Etkileri ile Ağrı ve Disabilite Arasındaki İlişki**  
DURUTÜRK N., TONGA E., ÇOBAN Y.  
Türk Toraks Derneği 15. Yıllık Toplantısı, Turkey, 11 - 15 April 2012
- XXXVI. **KOAH lı Hastalarda Aktivite Performans Problemlerinin Değerlendirilmesi**  
DURUTÜRK N., TONGA E., Ecem T.  
Türk Toraks Derneği 15. Yıllık Toplantısı, Antalya, Turkey, 11 - 15 April 2012
- XXXVII. **Fizyoterapi ve Rehabilitasyon Öğrencileri ve Fizyoterapist Bakış Açısıyla FTR Bilimi**  
TONGA E.  
2. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi, İzmir, Turkey, 03 November 2006 - 16 May 2009
- XXXVIII. **Sağlıklı Erişkinlerde Fiziksel Aktivite Düzeyi Egzersiz Kapasitesi Ve Denge Düzeyi Sonuçlarının İlişkisi**  
ACAR M., TONGA E., DAŞKAPAN A.  
5. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi, Turkey, 20 - 24 May 2014
- XXXIX. **The shoulder pain and disability index SPADI Cross cultural adaptation reliability validity of the Turkish version**  
BUMİN G., TÜZÜN E. H., TONGA E.  
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## Metrics

Publication: 73

Citation (WoS): 86

Citation (Scopus): 93

H-Index (WoS): 5

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## Awards

Tonga E., SE2020 Translational Inovation Grant for Social Impact, Oxford University Inovation Center, January 2019

Tonga E., Tübitak Doktora Sonrası Yurtdışı Araştırma Ödülü, Tübitak, May 2018

Tonga E., The European league against rheumatism (EULAR) Health Professionals Research grant , The European League Against Rheumatism (Eular) , April 2014

Tonga E., The European League Against Rheumatism (EULAR) Health Professionals educational visit grant 2013 (EULAR Sağlık Profesyonelleri Eğitim Ödülü), The European League Against Rheumatism (Eular) Health Professionals , March 2013