

Assoc. Prof. EDA TONGA

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Dissertations

Doctorate, Romatoid artritli hastalarda kiři merkezli yaklařımla ergoterapi uygulamasının etkinlięi, Hacettepe Üniversitesi, Saęlık Bilimleri Enstitüsü, Fizik Tedavi Ve Rehabilitasyon (Dr), 2011

Postgraduate, Özürlü çocuęa sahip annelerde bel saęlığını etkileyen faktörler, Hacettepe Üniversitesi, Saęlık Bilimleri Enstitüsü, Fizik Tedavi Ve Rehabilitasyon (YI) (Tezli), 2005

Research Areas

Health Sciences

Academic Titles / Tasks

Associate Professor, Marmara University, Faculty of Health Sciences, Physiotherapy and Rehabilitation, 2018 - Continues

Assistant Professor, Marmara University, Faculty of Health Sciences, Physiotherapy and Rehabilitation, 2015 - Continues

Assistant Professor, Okan Üniversitesi, Saęlık Bilimleri Yüksekokulu, Fizyoterapi Ve Rehabilitasyon Bölümü, 2014 - 2015

Assistant Professor, Başkent Üniversitesi, Saęlık Bilimleri Fakültesi, Fizyoterapi Ve Rehabilitasyon Bölümü, 2012 - 2014

Lecturer, Başkent Üniversitesi, Saęlık Bilimleri Fakültesi, Fizyoterapi Ve Rehabilitasyon Bölümü, 2009 - 2011

Expert, Başkent Üniversitesi, Saęlık Bilimleri Fakültesi, Fizyoterapi Ve Rehabilitasyon Bölümü, 2005 - 2009

Academic and Administrative Experience

Okan Üniversitesi, Saęlık Bilimleri Yüksekokulu, Fizyoterapi Ve Rehabilitasyon Bölümü, 2014 - Continues

Okan Üniversitesi, Saęlık Bilimleri Yüksekokulu, Fizyoterapi Ve Rehabilitasyon Bölümü, 2014 - Continues

Başkent Üniversitesi, Saęlık Bilimleri Fakültesi, Fizyoterapi Ve Rehabilitasyon Bölümü, 2013 - 2014

Başkent Üniversitesi, Saęlık Bilimleri Fakültesi, Fizyoterapi Ve Rehabilitasyon Bölümü, 2011 - 2014

Başkent Üniversitesi, Saęlık Bilimleri Fakültesi, Fizyoterapi Ve Rehabilitasyon Bölümü, 2012 - 2013

Advising Theses

TONGA E., Bel aęrılı hastalarda tüm vücut vibrasyonunun etkinlięi, Postgraduate, İ.Aras(Student), 2019

TONGA E., Üniversite öğrencilerinde akıllı telefon kullanımına yönelik geliştirilen postüral düzgünlük mobil uygulamasının kas-iskelet sistemi problemleri ve egzersiz alışkanlıęı üzerine etkisi, Postgraduate, M.Can(Student), 2019

TONGA E., TEMPOROMANDİBULAR EKLEM DİSFONKSİYONLU HASTALARDA SERVİKAL STABİLİZASYON EGZERSİZLERİNİN AĞRI, HAREKET AÇIKLIĞI ve FONKSİYONELLİĞE ETKİSİ, Postgraduate, K.ATEŞ(Student), 2018
TONGA E., İnme sonrası hemiparetik hastalarda; skapular diskinezi, üst ekstremitte ağırlık aktarma kapasitesi, omuz fonksiyonları ve aktivite limitasyonları arasındaki ilişkinin incelenmesi, Postgraduate, S.YÜCE(Student), 2018
TONGA E., Temporomandibular eklem disfonksiyonuna özel tampa kinezyofobi ölçeğinin Türkçe geçerliliği ve güvenilirliği, Postgraduate, E.KÜÇÜK(Student), 2017
TONGA E., Bel ağrılı hastalarda fonksiyona yönelik bantlama uygulamasının etkinliği, Postgraduate, M.FATİH(Student), 2017
TONGA E., Romatoid artrit, osteoartrit, fibromiyalji hastalarında fiziksel uygunluk ve fiziksel aktivite düzeylerinin değerlendirilmesi, Postgraduate, M.ACAR(Student), 2013

Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- I. **EVALUATION OF THE EFFECTIVENESS OF MOBILE APP-BASED EXERCISES PROGRAMME IN PATIENTS WITH NECK PAIN: THE RANDOMIZED CONTROLLED TRIAL**
Beyaztas L., Tonga E.
ANNALS OF THE RHEUMATIC DISEASES, vol.80, pp.1021, 2021 (Journal Indexed in SCI)
- II. **A hand exercise mobile app for people with rheumatoid arthritis in Turkey: design, development and usability study**
TONGA E., Williamson E., Srikesavan C., ÖZEN BERKOL T., Saritas F., Lamb S. E.
RHEUMATOLOGY INTERNATIONAL, 2021 (Journal Indexed in SCI)
- III. **Components, design and effectiveness of digital physical rehabilitation interventions for older people: A systematic review**
TONGA E., Srikesavan C., Williamson E., Lamb S. E.
JOURNAL OF TELEMEDICINE AND TELE CARE, 2020 (Journal Indexed in SCI)
- IV. **Measurement of cervical proprioception in patients with axial spondyloarthritis**
ÖZEN T., TONGA E., POLAT M. G., AKAR S.
ANNALS OF THE RHEUMATIC DISEASE, pp.1864, 2018 (Journal Indexed in SCI)
- V. **Comparison of Physical Activity Levels in Rheumatic Diseases**
Acar M., Tonga E., Daskapan A., Karatas M., Tekindal A.
AKTUELLE RHEUMATOLOGIE, vol.42, no.4, pp.329-335, 2017 (Journal Indexed in SCI)
- VI. **Evaluation of musculoskeletal complaints associated with smartphone use among university students and related risk factors**
TONGA E., ÖZGÜL B., TİMURTAŞ E., can m., HASIRCI Y., POLAT M. G.
BMJ Open, vol.76, pp.1504, 2017 (Journal Indexed in SCI)
- VII. **Development and reliability of a Turkish version of the Short Form-Joint Protection Behavior Assessment (JPBA-S)**
TONGA E., Uysal S. A., Karayazgan S., Hayran M., DÜĞER T.
JOURNAL OF HAND THERAPY, vol.29, no.3, pp.275-280, 2016 (Journal Indexed in SCI)
- VIII. **Kinesiophobia Affects Range of Knee Flexion at Early Stage Following Anterior Cruciate Ligament Reconstruction**
DEMİR BÜKEN İ., ÖZGÜL B., ARIKAN E., TONGA E., POLAT M. G.
Annals Of The Rheumatic Diseases, vol.75, pp.1279, 2016 (Journal Indexed in SCI)
- IX. **The Short Time Effects of Kinesiotaping on Hallux Valgus Degree Pain Intensity and Plantar Pressure Distribution in Rheumatoid Foot A Pilot Study**
TONGA E., ÖZGÜL B., TİMURTAŞ E., DEMİR BÜKEN İ., ŞEN N., TEZCAN M., POLAT M. G.
Annals Of The Rheumatic Diseases, vol.75, pp.1277, 2016 (Journal Indexed in SCI)
- X. **Cross-cultural adaptation, reliability and validity of the Turkish version of the Chronic Venous Disease Quality of Life Questionnaire (CIVIQ-20)**
ÖZDEMİR Ö. Ç., TONGA E., Tekindal A., BAKAR Y.

SPRINGERPLUS, vol.5, 2016 (Journal Indexed in SCI)

- XI. **Effectiveness of Client-Centered Occupational Therapy in Patients With Rheumatoid Arthritis: Exploratory Randomized Controlled Trial**
TONGA E., Dusger T., KARATAŞ M.
ARCHIVES OF RHEUMATOLOGY, vol.31, no.1, pp.6-13, 2016 (Journal Indexed in SCI)
- XII. **Cross-cultural adaptation, reliability and validity of the Turkish version of the Upper Limb Functional Index (ULFI)**
TONGA E., Durutturk N., Gabel C. P., TEKİNDAL M. A.
JOURNAL OF HAND THERAPY, vol.28, no.3, pp.279-285, 2015 (Journal Indexed in SCI)
- XIII. **Activity performance problems of patients with cardiac diseases and their impact on quality of life**
DURUTÜRK N., TONGA E., KARATAŞ M., DOĞANÖZÜ E.
JOURNAL OF PHYSICAL THERAPY SCIENCE, vol.27, no.7, pp.2023-2028, 2015 (Journal Indexed in SCI)
- XIV. **LINGUISTIC VALIDATION AND CULTURAL ADAPTATION OF THE VALUED LIFE ACTIVITIES SCALE IN TURKEY IN PEOPLE WITH RHEUMATOID ARTHRITIS**
Tonga E., Hammond A., Prior Y.
ANNALS OF THE RHEUMATIC DISEASES, vol.74, pp.1333-1334, 2015 (Journal Indexed in SCI)
- XV. **DEVELOPMENT AND RELIABILITY OF TURKISH VERSION OF THE SHORT FORM-JOINT PROTECTION BEHAVIOR ASSESSMENT (JPBA-S)**
Tonga E., Uysal S. A., Karayazgan S., Hayran M.
ANNALS OF THE RHEUMATIC DISEASES, vol.74, pp.1333, 2015 (Journal Indexed in SCI)
- XVI. **CROSS-CULTURAL ADAPTATION, RELIABILITY AND VALIDITY OF THE TURKISH VERSION OF THE SPINE FUNCTIONAL INDEX**
Tonga E., Gabel P. C., Karayazgan S., Cuesta Vargas A.
ANNALS OF THE RHEUMATIC DISEASES, vol.74, pp.1315, 2015 (Journal Indexed in SCI)
- XVII. **Cross-cultural adaptation, reliability and validity of the Turkish version of the spine functional index**
TONGA E., GABEL C. P., KARAYAZGAN S., Cuesta-Vargas A. I.
HEALTH AND QUALITY OF LIFE OUTCOMES, vol.13, 2015 (Journal Indexed in SCI)
- XVIII. **Effectiveness of client centred occupational therapy in patients with rheumatoid arthritis**
TONGA E., DÜGER T., KARATAŞ M.
Turkish Journal Of Rheumatology, 2015 (Journal Indexed in SCI Expanded)
- XIX. **Cross-cultural adaptation, reliability and validity of the Turkish version of the Lower Limb Functional Index**
DURUTÜRK N., TONGA E., GABEL C. P., ACAR M., TEKİNDAL M. A.
DISABILITY AND REHABILITATION, vol.37, no.26, pp.2439-2444, 2015 (Journal Indexed in SCI)
- XX. **The Effect of Balance Training by Tetraks Interactive Balance System on Balance and Fall Risk in Parkinson's Patients: A Report of Four Cases**
Balci N. C., TONGA E., GÜLŞEN M.
NOROSIKIYATRI ARSIVI-ARCHIVES OF NEUROPSYCHIATRY, vol.50, no.3, pp.283-287, 2013 (Journal Indexed in SCI)
- XXI. **Effects of two different quadriceps strengthening exercise approaches on cardiovascular fitness in healthy female subjects: A single blind randomized study**
DAŞKAPAN A., TONGA E., DURUTÜRK N., TÜZÜN E. H.
JOURNAL OF BACK AND MUSCULOSKELETAL REHABILITATION, vol.25, no.2, pp.81-87, 2012 (Journal Indexed in SCI)
- XXII. **The Shoulder Pain and Disability Index SPADI Cross culturaladaptation reliability and validity of the Turkish version**
BUMİN G., TÜZÜN E. H., TONGA E.
Journal Of Back And Musculoskeletal Rehabilitation, vol.21, pp.57-62, 2008 (Journal Indexed in SCI Expanded)
- XXIII. **Factors affecting low back pain in mothers who have disabled children**
TONGA E., DÜGER T.
Journal Of Back And Musculoskeletal Rehabilitation, vol.21, pp.219-226, 2008 (Journal Indexed in SCI Expanded)

Articles Published in Other Journals

- I. **Intervening to Enhance The Occupational Performance of Children With Obstetrical Brachial Plexus Palsy: A Randomized Controlled Trial**
Uysal S. A. , TONGA E.
TURKISH JOURNAL OF PHYSIOTHERAPY REHABILITATION-TURK FIZYOTERAPI VE REHABILITASYON DERGISI, vol.32, no.2, pp.141-157, 2021 (Journal Indexed in ESCI)
- II. **Cervical proprioception accuracy is impaired in patients with axial spondyloarthritis.**
Ozen T., TONGA E., POLAT M. G. , Bayraktar D., Akar S.
Musculoskeletal science & practice, vol.51, pp.102304, 2021 (Refereed Journals of Other Institutions)
- III. **Translating the Strengthening and Stretching for Rheumatoid Arthritis of the Hand Programme from clinical trial to clinical practice: An effectiveness-implementation study**
Williamson E., Srikesavan C., Thompson J., TONGA E., Eldridge L., Adams J., Lamb S. E.
HAND THERAPY, vol.25, no.3, pp.87-97, 2020 (Journal Indexed in ESCI)
- IV. **Differences in Physical Activity and Physical Fitness Level in Patients with Fibromyalgia Syndrome and Healthy Individuals**
Ozkoslu M. A. , TONGA E., DAŞKAPAN A., Karatas M., Tekindal M. A.
CLINICAL AND EXPERIMENTAL HEALTH SCIENCES, vol.7, no.3, pp.94-99, 2017 (Journal Indexed in ESCI)
- V. **Community Based Physical Activity**
TONGA E.
Turkiye Klinikleri, vol.2, pp.136-140, 2016 (Refereed Journals of Other Institutions)
- VI. **The relationship between scapular dyskinesia pain range of motion and flexibility in patients with neck and shoulder problems**
ÖZÜNLÜ PEKYAVAŞ N., KUNDURACILAR Z., ERSİN A., ERGÜNEŞ C., TONGA E., KARATAŞ M.
AGRI-THE JOURNAL OF THE TURKISH SOCIETY OF ALGOLOGY, vol.26, pp.119-125, 2014 (Refereed Journals of Other Institutions)
- VII. **Bir Üniversite Kliniğinde Çalışan Türk Dış Hekimlerinin Mesleki Kas İskelet Problemlerinin ve İlgili Risk Faktörlerinin Değerlendirmesi**
TONGA E., ATASAVUN UYSAL S., GÜNGÖR H. C.
Clinical dentistry and research, vol.37, pp.38-44, 2013 (Other Refereed National Journals)
- VIII. **Kronik bel ağrısında bel sağlığına yönelik farklı eğitimlerin korku kaçınma tutumları ve aktivite performansına etkilerinin karşılaştırılması**
TONGA E., DAŞKAPAN A., DÜGER T., ÖZÜNLÜ PEKYAVAŞ N.
TURKISH JOURNAL OF PHYSIOTHERAPY REHABILITATION-FIZYOTERAPI REHABILITASYON, vol.23, pp.17-25, 2012 (Refereed Journals of Other Institutions)

Refereed Congress / Symposium Publications in Proceedings

- I. **BARRIERS FOR THE UPTAKE OF EULAR POSTGRADUATE EDUCATION FOR HEALTH PROFESSIONALS IN RHEUMATOLOGY IN EASTERN EUROPEAN COUNTRIES: RESULTS FROM 3 NATIONAL SURVEYS**
Van Bodegom-Vos L., Vlieland T. P. M. V. , Carmona L., Damjanov N., Domjan A., Goehmann A., Iagnocco A., Kosanovic M., Moe R. H. , Peter W., et al.
Annual European Congress of Rheumatology (EULAR), ELECTR NETWORK, 03 June 2020, vol.79, pp.567
- II. **QUALITATIVE STUDY EXPLORING THE BARRIERS AND FACILITATORS TO HOME-BASED EXERCISE PROGRAMS ADHERENCE WITH KNEE OSTEOARTHRITIS: THE PERSPECTIVES PHYSIOTHERAPISTS AND PATIENTS.**
Akgul H., Aydin N. S. , Sari Z., Birtane M., Tonga E.
Annual European Congress of Rheumatology (EULAR), ELECTR NETWORK, 03 June 2020, vol.79, pp.1264-1265
- III. **A HAND EXERCISES MHEALTH APP FOR PATIENTS WITH RHEUMATOID ARTHRITIS: DEVELOPMENT, DESIGN AND USABILITY STUDY IN TURKEY**

Tonga E., Srikesavan C., Williamson E., Lamb S.

Annual European Congress of Rheumatology (EULAR), ELECTR NETWORK, 03 June 2020, vol.79, pp.1959-1960

- IV. **Simulated hippotherapy system development**
SARI Z., KAPLANOĞLU E., GÜNAY YAZICI C., ÜLKİR O., TONGA E., KURU ÇOLAK T., POLAT M. G.
7.Ulusal Fizyoterapi Ve Rehabilitasyon Kongresi, Ankara, Turkey, 18 April 2019, vol.30, pp.58-59
- V. **DEVELOPMENT AND DESIGN OF SMARTPHONE APPLICATION FOR POSTURAL ALIGNMENT OF CERVICAL AND THORACIC SPINE FOR YOUNG ADULTS**
TONGA E., Can M., POLAT M. G.
Annual European Congress of Rheumatology (EULAR), Madrid, Spain, 12 - 15 June 2019, vol.78, pp.1466
- VI. **TEMPOROMANDİBULAR EKLEM DİSFONKSİYONUNAÖZEL TAMPA KİNEZYOFOBİ ÖLÇEĞİNİN TÜRKÇEGEÇERLİLİĞİ VE GÜVENİLİRLİĞİ**
KÜÇÜK E., TONGA E.
7. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi, Ankara, Turkey, 18 - 20 April 2019
- VII. **INVESTIGATION OF IMMEDIATE EFFECT OF CERVICALSTABILISATION EXERCISES ON PROPRIOCEPTION INPATIENTS WITH NECK PAIN**
TONGA E., ÖZEN T., TİMURTAŞ E., POLAT M. G.
Annual European Congress of Rheumatology, Amsterdam, Netherlands, 13 - 16 June 2018, vol.77, pp.1789-1790
- VIII. **INVESTIGATION OF IMMEDIATE EFFECT OFSCAPULA MOBILIZATION ON SHOULDERPROPRIOCEPTION IN SUBACROMIAL IMPINGEMENTSYNDROME**
TİMURTAŞ E., TONGA E., ÖZEN T., AYŞEGÜL A., POLAT M. G.
1st International Congress on Physiotechnootherapy (ICPTT), Sarajevo, Bosnia And Herzegovina, 9 - 13 May 2018
- IX. **THE DEVELOPMENT OF DIGITAL GONIOMETER ANDINVESTIGATION OF CLINICALLY USABILITY**
TİMURTAŞ E., AKGÜN G., ÖZEN T., KAPLANOĞLU E., TONGA E., POLAT M. G.
1st International Congress on Physiotechnootherapy (ICPTT), 9 - 13 May 2018
- X. **THE INTER-RATER RELIABILITY OF UPPER EXTREMITY WEIGHT BEARING ASSESSMENT BY USINGMODIFIED JAMAR DYNAMOMETER**
KAPŞIGAY B., KARAKOÇ Z. B. , TONGA E., SARI Z., POLAT M. G.
INTERNATIONAL CONGRESS ON PHYSIOTECHNOTHERAPY, 9 - 13 May 2018
- XI. **Effect of age, gender and anthropometric variables on morphological and mechanical properties of foot intrinsic muscles in asymptomatic individuals**
TAŞ S., ÜNLÜER N. Ö. , TONGA E.
International Congress on Physiotechnootherapy (ICPTT), Sarajevo, Bosnia And Herzegovina, 9 - 13 May 2018, pp.81
- XII. **Assessing the usability of A ‘Novel Exoskeleton For Hand Rehabilitation’ device from The perspective of physiotherapist: A qualitative analysis research with in-dept interview**
TONGA E., AKGÜN G., TİMURTAŞ E., ÖZEN T., POLAT M. G. , KAPLANOĞLU E.
International Congress on Physiotechnootherapy, 9 - 13 May 2018
- XIII. **The effect of tibialis posterior myofacial releasing, stretching and strengtning exercises on balance and jumping**
ÖZTÜRK O., TONGA E., POLAT M. G. , Güngördü A. C. , Güleş B., Özer D., Uğurlu M. K. , Öner S. U.
5. Uluslararası Spor Fizyoterapistleri Kongresi, 9 - 11 November 2017
- XIV. **THE EFFECT OF TIBIALIS POSTERIOR MYOFACIAL RELEASING, STRETCHING AND STRENGTHING EXERCISES ON BALANCE AND JUMPING**
ÖZTÜRK O., TONGA E., POLAT M. G.
The Ninth of International Congress of Sports Physiotherapists, 9 - 11 November 2017
- XV. **Musculoskeletal Pain in Football Referees**
TİMURTAŞ E., ÖZGÜL B., ALDEMİR M., SERTER T., YILDIZ M. E. , TONGA E., POLAT M. G.
International Meeting on Education and Research in Health Sciences, İstanbul, Turkey, 3 - 05 November 2017, pp.20
- XVI. **The Effect of Clinical Pilates Exercise on Musculoskeletal System Disorders and Ergonomic Working Positions**

TONGA E., KAVLAK B., Akten T., Cambaz N., Torlacık M., POLAT M. G.

International meeting on Education and Research in Health Sciences, 3 - 05 November 2017

- XVII. EVALUATION OF MUSCULOSKELETAL COMPLAINTS ASSOCIATED WITH SMARTPHONE USE AMONG UNIVERSITY STUDENTS AND RELATED RISK FACTORS**
Tonga E., Ozgul B., Timurtas E., Can M., Hasirci Y., Polat M. G.
Annual European Congress of Rheumatology, Madrid, Spain, 14 - 17 June 2017, vol.76, pp.1504
- XVIII. EVALUATION OF MUSCULOSKELETAL COMPLAINTS ASSOCIATED WITH SMARTPHONE USE AMONG UNIVERSITY STUDENTS AND RELATED RISK FACTORS**
TONGA E., ÖZGÜL B., TİMURTAŞ E., CAN M., HASIRCI Y., POLAT M. G.
Annals of the Rheumatic Diseases, Madrid, Spain, 14 - 17 June 2017, vol.76, pp.1504
- XIX. Kinesiophobia Affects Range of Knee Flexion at Early Stage Following Anterior Cruciate Ligament Reconstruction**
DEMİR BÜKEN İ., ÖZGÜL B., ARIKAN E., TONGA E., POLAT M. G.
Annual European Congress of Rheumatology 2016, United Kingdom, 8 - 11 June 2016
- XX. The short time effects of kinesiotaping on hallux valgus degree pain intensity and plantar pressure distribution in rheumatoid foot**
TONGA E., ÖZGÜL B., TİMURTAŞ E., DEMİR BÜKEN İ., ŞEN N., TEZCAN M., POLAT M. G.
EULAR Congress, Londrina, Brazil, 8 - 11 June 2016
- XXI. The Short Time Effects of Kinesiotaping on Hallux Valgus Degree Pain Intensity and Plantar Pressure Distribution in Rheumatoid Foot A Pilot Study**
TONGA E., ÖZGÜL B., TİMURTAŞ E., DEMİR BÜKEN İ., ŞEN N., TEZCAN M., POLAT M. G.
Annual European Congress of Rheumatology 2016, 8 - 11 June 2016
- XXII. Kinesiophobia affects range of knee flexion at early stage following anterior cruciate ligament reconstruction**
DEMİR BÜKEN İ., ÖZGÜL B., ARIKAN E., TONGA E., POLAT M. G.
The European League Against Rheumatism Congress, 8 - 11 June 2016
- XXIII. Validity of canadian occupational performance measurement in patients with upper limb disorders**
TONGA E.
EULAR congress, 8 - 11 June 2016
- XXIV. The Short Time Effects Of Kinesiotaping On Hallux Valgus Degree Pain Intensity And Plantar Pressure Distribution In Rheumatoid Arthritis**
TONGA E., ÖZGÜL B., TİMURTAŞ E., DEMİR BÜKEN İ., ŞEN N., TEZCAN M. E.
The European League Against Rheumatism Congress, 8 - 11 June 2016
- XXV. The short time effects of kinesiotaping on hallux valgus degree pain intensity and plantar pressure distribution in rheumatoid foot A pilot study**
TONGA E., ÖZGÜL B., TİMURTAŞ E., DEMİR BÜKEN İ., ŞEN N., TEZCAN M., POLAT M. G.
EULAR, 8 - 11 June 2016, vol.75, pp.1277
- XXVI. Kinesiophobia affects range of knee flexion at early stage following anterior cruciate ligament reconstruction**
DEMİR BÜKEN İ., ÖZGÜL B., ARIKAN E., TONGA E., POLAT M. G.
EULAR, 8 - 11 June 2016, vol.75, pp.1279
- XXVII. Artritli Hastalar için Yaşam Biçimi Yönetim Programları Davranışsal Eklem Koruma Yöntemleri**
TONGA E.
1. Ulusal Romatolojik Rehabilitasyon Kongresi, Ankara, Turkey, 5 - 06 October 2015
- XXVIII. Ankilozan Spondilitli Hastalarda Fiziksel Aktivite Seviyesi Fiziksel Uygunluk Parametreleri Yaşam Kalitesi ve Hastalık Aktivitesi Sonuçları Arasındaki İlişki Pilot Çalışma**
TONGA E., ACAR M., AYYILDIZ S., ATABAŞ N., ARIK F., BAŞOLUK B. T., BALCI B.
15. Fizyoterapide Gelişmeler Kongresi, Ankara, Turkey, 8 - 12 April 2014, vol.25, pp.56
- XXIX. Cross Cultural Adaptation Reliability and Validity of the Turkish Version of the Upper Limb Functional Index ULFI**
TONGA E., Philip G., KARAYAZGAN S., Cueasta Vargas A.

- Annual European Congress of Rheumatology, Paris, France, 11 - 14 June 2014, vol.73, pp.1223
- XXX. **Physical Inactivity in adults with rheumatic diseases**
TONGA E., Philip G., KARAYAZGAN S., Cueasta Vargas A.
Annual European Congress of Rheumatology, Paris, France, 11 - 14 June 2014, vol.73, pp.1223-1224
- XXXI. **Ankilozan Spondilitli Hastaların Egzersiz Kapasitesi Nefes Darlığı Göğüs Ekspansiyonu Yasam Kalitesi Ve Hastalık Aktivitesi Sonuçlarının İlişkisi**
ACAR M., TONGA E., Ayyıldız S., Balcı B.
Türk Toraks Derneği 17.Yıllık Kongresi, Antalya, Turkey, 2 - 06 April 2014
- XXXII. **Romatoid artiritli hastalarda 6 dakika yürüme testi yanıtlarının belirlenmesi**
ACAR M., TONGA E., DAŞKAPAN A., DURUTÜRK N.
Türk Toraks Derneği, Pulmoner Rehabilitasyon ve Evde Bakım Hizmetleri Sempozyumu, Ankara, Turkey, 14 - 16 November 2013
- XXXIII. **Physical activity level and physical fitness in patients with rheumatoid arthritis**
TONGA E., Philip G., KARAYAZGAN S., Cueasta Vargas A.
Annual European Congress of Rheumatology, Madrit, Italy, 12 - 15 June 2013, vol.72, pp.1096
- XXXIV. **Romatoid Artritli Haslarda Fizyoterapi ve Rehabilitasyon**
TONGA E.
4. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi, Denizli, Turkey, 9 - 11 May 2013
- XXXV. **Kronik Boyun Ağrısında Sigara İçmenin Etkileri ile Ağrı ve Disabilite Arasındaki İlişki**
DURUTÜRK N., TONGA E., ÇOBAN Y.
Türk Toraks Derneği 15. Yıllık Toplantısı, Turkey, 11 - 15 April 2012
- XXXVI. **KOAH lı Hastalarda Aktivite Performans Problemlerinin Değerlendirilmesi**
DURUTÜRK N., TONGA E., Ecem T.
Türk Toraks Derneği 15. Yıllık Toplantısı, Antalya, Turkey, 11 - 15 April 2012
- XXXVII. **Fizyoterapi ve Rehabilitasyon Öğrencileri ve Fizyoterapist Bakış Açısıyla FTR Bilimi**
TONGA E.
2. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi, İzmir, Turkey, 03 November 2006 - 16 May 2009
- XXXVIII. **Sağlıklı Erişkinlerde Fiziksel Aktivite Düzeyi Egzersiz Kapasitesi Ve Denge Düzeyi Sonuçlarının İlişkisi**
ACAR M., TONGA E., DAŞKAPAN A.
5. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi, Turkey, 20 - 24 May 2014
- XXXIX. **The shoulder pain and disability index SPADI Cross cultural adaptation reliability validity of the Turkish version**
BUMİN G., TÜZÜN E. H. , TONGA E.
Annular European Congress of Rheumatology, Paris, France, 13 - 16 June 2008, vol.67, pp.674

Citations

Total Citations (WOS):80

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Awards

Tonga E., SE2020 Translational Inovation Grant for Social Impact, Oxford University Inovation Center, January 2019

Tonga E., Tübitak Doktora Sonrası Yurtdışı Araştırma Ödülü, Tübitak, May 2018

Tonga E., The European league against rheumatism (EULAR) Health Professionals Research grant , The European League Against Rheumatism (Eular) , April 2014

Tonga E., The European League Against Rheumatism (EULAR) Health Professionals educational visit grant 2013 (EULAR Sağlık Profesyonelleri Eğitim Ödülü), The European League Against Rheumatism (Eular) Health Professionals , March

