

# AYTEKİN SOYKAN

## PROF.

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### International Researcher IDs

ScholarID: kQA0mjEAAAAJ

ORCID: 0000-0002-5835-4982

Publons / Web Of Science ResearcherID: A-1717-2016

Yoksis Researcher ID: 172575

### Learning Knowledge

|                              |                                                                                                              |
|------------------------------|--------------------------------------------------------------------------------------------------------------|
| Doctorate<br>2003 - 2009     | Marmara University, Institute of Health Sciences, Department of Physical Education and Sports, Turkey        |
| Postgraduate<br>2000 - 2003  | Marmara University, Institute of Health Sciences, Department of Physical Education and Sports, Turkey        |
| Undergraduate<br>1989 - 1993 | Marmara University, School of Physical Education and Sports, Physical Education and Sports Education, Turkey |

### Foreign Languages

English, B2 Upper Intermediate

### Dissertations

Doctorate, KARATE SPORCULARINDA UYARILMA DÜZEYİNİN HEDEFE YÖNELİK HAREKET KOORDİNASYONUNA ETKİSİ , Marmara University, Faculty of Sport sciences, Sport Coaching, 2009

Postgraduate, Elit Karete Sporcularının Fiziki ve Motorsal Profillerinin İncelenmesi, Marmara University, Faculty of Sport sciences, Sport Coaching, 2003

### Academic Titles / Tasks

|                                         |                                                                                                      |
|-----------------------------------------|------------------------------------------------------------------------------------------------------|
| Professor<br>2021 - Continues           | Marmara University, Faculty of Sport sciences, Sport Coaching                                        |
| Associate Professor<br>2015 - Continues | Marmara University, Faculty of Sport sciences, Sport Coaching                                        |
| Lecturer<br>1997 - Continues            | Marmara University, School of Physical Education and Sports, Physical Education and Sports Education |

### Awards

1. Soykan A., World Universities Karate Championship , Fısu, August 2016
2. Soykan A., European University Games, Eusa, July 2016
3. Soykan A., European University karate Championship, Eusa, July 2015
4. Soykan A., European University karate Championship, Eusa, July 2013
5. Soykan A., World University Karate Championship Team Gold Medal, Fısu, August 2010
6. Soykan A., World Universities Karate Championship, Fısu, August 2008
7. Soykan A., European University karate Championship, Eusa, July 2007
8. Soykan A., European University Karate Championship, Eusa, July 2005
9. Soykan A., World Universities Karate Championships Team Bronz Medal, Fısu, July 2000
10. Soykan A., Mediterranean Karate Cup Gold Medalist, Mediterranean Karate Organisation, July 1995
11. Soykan A., Mediterranean Karate Cup Bronz Medalist, Mediterranean Karate Organisation, July 1994
12. Soykan A., European Senior Karate Championship Silver Medal, Avrupa Karate Federasyonu, May 1994
13. Soykan A., European Junior Karate Champions, Avrupa Gençler Karate Şampiyonası. Altın Madalya, February 1991
14. Soykan A., European Cadet Junior Karate Championship bronz Medalist, Avrupa Ümit Genç Karate Şampiyonası, February 1989

## Jury Memberships

Post Graduate, Post Graduate, İstanbul Aydın Üniversitesi, February, 2024  
 Committee Of Expert, Committee Of Expert, Marmara Üniversitesi, January, 2024  
 Appointment to Academic Staff - Associate Professorship, Appointment to Academic Staff - Associate Professorship, Marmara Üniversitesi, January, 2024  
 Associate Professor Exam, Associate Professor Exam, Marmara Üniversitesi, October, 2023  
 Associate Professor Exam, Associate Professor Exam, Marmara Üniversitesi, October, 2023  
 Associate Professor Exam, Associate Professor Exam, Marmara Üniversitesi, October, 2023  
 Associate Professor Exam, Associate Professor Exam, Marmara Üniversitesi, October, 2023  
 Associate Professor Exam, Associate Professor Exam, Marmara Üniversitesi, March, 2023  
 Associate Professor Exam, Associate Professor Exam, Marmara Üniversitesi, March, 2023  
 Associate Professor Exam, Associate Professor Exam, Marmara Üniversitesi, October, 2022  
 Associate Professor Exam, Associate Professor Exam, Marmara Üniversitesi, October, 2022  
 Appointment to Academic Staff-Assistant Professorship, Appointment Academic Staff, Marmara Üniversitesi, September, 2022  
 Doctoral Examination, Doctoral Examination, Marmara Üniversitesi, April, 2022  
 Committee Of Expert, Committee Of Expert, Marmara Üniversitesi, March, 2022  
 Associate Professor Exam, Associate Professor Exam, Marmara University, March, 2022  
 Associate Professor Exam, Associate Professor Exam, Marmara University, September, 2021  
 Associate Professor Exam, Associate Professor Exam, Marmara University, May, 2021  
 Associate Professor Exam, Associate Professor Exam, Marmara University, May, 2021  
 Associate Professor Exam, Associate Professor Exam, Marmara University, May, 2021  
 Associate Professor Exam, Associate Professor Exam, Marmara University, May, 2021  
 Doctoral Examination, Doctoral Examination, Marmara Üniversitesi, March, 2021  
 Associate Professor Exam, Associate Professor Exam, Marmara University, January, 2021  
 Post Graduate, Post Graduate, Marmara Üniversitesi, October, 2019  
 Post Graduate, Post Graduate, Marmara Üniversitesi, October, 2019  
 Doctoral Examination, Doctoral Examination, İstanbul Üniversitesi-Cerrahpaşa, October, 2019  
 Post Graduate, Post Graduate, Marmara Üniversitesi, October, 2019  
 Post Graduate, Post Graduate, Marmara Üniversitesi, October, 2019  
 Post Graduate, Post Graduate, Marmara Üniversitesi, June, 2019  
 Doctoral Examination, Doctoral Examination, Burdur Mehmet Akif Ersoy Üniversitesi, March, 2017  
 Appointment to Academic Staff-Assistant Professorship, Appointment Academic Staff, Düzce Üniversitesi, January, 2017

Appointment to Academic Staff-Assistant Professorship, Appointment Academic Staff, Marmara Üniversitesi, January, 2017  
Appointment to Academic Staff-Assistant Professorship, Appointment Academic Staff, Düzce Üniversitesi, January, 2017  
Doctoral Examination, Doctoral Examination, Kütahya Dumlupınar Üniversitesi, June, 2016  
Doctoral Examination, Doctoral Examination, Kütahya Dumlupınar Üniversitesi, June, 2016  
Doctoral Examination, Doctoral Examination, Kütahya Dumlupınar Üniversitesi, June, 2016  
Post Graduate, Post Graduate, Marmara Üniversitesi, April, 2016

## Articles Published in Other Journals

- 1. FARKLI ŞINAV EGZERSİZLERİ SIRASINDA MEKANİK SALINIMLAR VE ALGILANAN ZORLUK DERECELERİNİN KARŞILAŞTIRILMASI**  
Ofli E., Gülmez İ., Yılmaz S., Cumbur C., Soykan A., Sani F., Ramazanoğlu N.  
Spor ve Performans Araştırmaları Dergisi, vol.13, no.2, pp.161-176, 2022 (Peer-Reviewed Journal)
- 2. The Relationship of Anthropometric Characteristics of Elite Scullers and Sweep Rowers with their Performance Parameters**  
Sani F., Gülmez İ., Yılmaz S., Cumbur C., Soykan A., Ramazanoğlu N.  
Eurasian Research in Sport Science , vol.7, no.1, pp.9-20, 2022 (Peer-Reviewed Journal)
- 3. The Structure and Culture of CrossFit in Turkey as a Fitness Trend**  
Sarıçam H., Soykan A.  
Research in Sport Education and Sciences, vol.24, no.1, pp.16-22, 2022 (Peer-Reviewed Journal)
- 4. Investigation of the Effectiveness of Body Protectors Used in Karate Kumite Competitions**  
Erdemir O., SOYKAN A.  
INTERNATIONAL JOURNAL OF APPLIED EXERCISE PHYSIOLOGY, vol.9, no.12, pp.92-98, 2020 (Peer-Reviewed Journal)
- 5. KARARA İTİRAZ ETME VE TEHDİT ETME DAVRANIŞLARININKARATE HAKEMLERİNİN YAŞ, CİNSİYET VE KLASMANÖZELLİKLERİNE GÖRE İNCELENMESİ**  
SOYKAN A., Mungan Ay S., Akınalp H.  
Sosyal Bilimler Dergisi / The Journal of Social Sciences, no.47, pp.606-614, 2020 (Peer-Reviewed Journal)
- 6. Türkiye ve Dünyada Fitness Salonu Müşteri Beklentileri: Sistematik Bir Derleme**  
Soykan A., Altun M., Birtürk A.  
ÇOMÜ SPOR BİLİMLERİ DERGİSİ, vol.3, no.1, pp.34-47, 2020 (Peer-Reviewed Journal)
- 7. KARATE HAKEMLERİNİN SPORTMENLİK DIŞI DAVRANIŞLARLA İLGİLİ KİŞİSEL GÖRÜŞLERİNİN İNCELENMESİ**  
Soykan A., Ay S., Akınalp H.  
Sosyal Bilimler Dergisi, no.34, 2019 (Peer-Reviewed Journal)
- 8. Karateçilerde Ağız Koruyuculu ve Ağız Koruyucusuz Ölçülen Solunum Parametrelerinin Karşılaştırılması**  
Soykan A., Ateş O., Güler M., Balcıoğlu T.  
Journal of Human Sciences, vol.14, pp.4579-4585, 2017 (Peer-Reviewed Journal)
- 9. Comparison of the Motivation Levels of the National and Non-National Karate Players**  
SOYKAN A., TAZEGÜL Ü.  
The Journal of Sports and Physical Education, no.112, pp.202-206, 2015 (Peer-Reviewed Journal)
- 10. Determination of karate athletes' stress trend and stress resistance levels**  
SOYKAN A.  
International Journal of Academic Research, vol.5, no.5, pp.425-428, 2013 (Peer-Reviewed Journal)
- 11. The Determination of the Relationship between Levels of Narcissism and Motivational Trends in the Individual Sports Branches**  
SOYKAN A., TAZEGÜL Ü.  
American Journal of Sports Science and Medicine, vol.1, no.3, pp.37-41, 2013 (Peer-Reviewed Journal)

12. **The Comparision of Narcissism Levels of Theathletes at Individual Sports According toTheir Socio-Demographic Features**  
TAZEGÜL Ü., SOYKAN A.  
American International Journal of Contemporary Research, vol.3, no.7, pp.128-133, 2013 (Peer-Reviewed Journal)
13. **The Comparision of Narcissism Levels of The Athletes at Individual Sports According to Their Socio-Demographic Features**  
Soykan A.  
American International Journal of Contemporary Research, no.3, pp.128-133, 2013 (Peer-Reviewed Journal)
14. **Investigating the relationship between narcissism and motivation level of wrestlers**  
SOYKAN A., TAZEGÜL Ü.  
Global Advanced Research Journal of History, Political Science and International Relations, vol.2, no.2, pp.27-33, 2013 (Peer-Reviewed Journal)
15. **The Comparison of Public and Private Schools Children Physical Fitness**  
Çamlıgüney A. F., Yılmaz S., Soykan A., Kekeç E. A., Tanış T., Ramazanoğlu N.  
Social and Behavioral Sciences, vol.46, pp.4703-4707, 2012 (Peer-Reviewed Journal)
16. **The comparison of public and private primary schools childrenphysical fitness**  
SOYKAN A., ÇAMLIGÜNEY A. F., YILMAZ S., RAMAZANOĞLU N.  
Procedia - Social and Behavioral Sciences, no.46, pp.4703-4707, 2012 (Peer-Reviewed Journal)
17. **Yaş Altı Karate Elit Kata-Kumite Sporcularının Bacak Kuvveti ile Çabukluklarının Karşılaştırılması**  
SOYKAN A., ATEŞ O., GÜLER YILMAZ M.  
ULUSLARARASI HAKEMLİ AKADEMİK SOSYAL BİLİMLER DERGİSİ, vol.1, no.1, pp.96-100, 2011 (Peer-Reviewed Journal)
18. **The Analaysis of Changes in the Relative Strenght of Young Elite Female Judo Athletes as a Result of Quick Loss of Weight Prior to Competitions**  
SOYKAN A.  
5. International Scientific Congress. Kongre Kitabı Sofya, pp.4746, 2010 (Peer-Reviewed Journal)
19. **The Effect of Training on Urinary N-Acetyl-Beta-D-Glucosaminidase Levels of Karate-DO Players**  
SOYKAN A.  
3. International Meeting on Pharmacy pharmaceutical Sciences. Abstract book, pp.250, 2010 (Peer-Reviewed Journal)
20. **Oniki haftalık dans eğitiminin ilköğretim birinci sınıf öğrencilerinin el göz koordinasyonları ve reaksiyon sürelerine etkisinin değerlendirilmesi**  
ÇELİK KAYAPINAR F., KÜÇÜK YETGİN M., SOYKAN A., ÇALIŞKAN E.  
Atatürk University Physical Education and Sport Sciences Journal, vol.8, pp.3-10, 2006 (Peer-Reviewed Journal)
21. **On İki Haftalık Dans Eğitiminin İlköğretim Beşinci Sınıf Öğrencilerinin El-Göz Koordinasyonları Ve Reaksiyon Sürelerine Etkisinin Değerlendirilmesi**  
Soykan A., Çelik Kayapınar F., Küçük Yetgin M., Çalışkan E.  
Atatürk Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, vol.1, no.1, pp.3-10, 2006 (Peer-Reviewed Journal)
22. **Judo Sporcularının Spor Branşları Tercihlerinde Etkili Olan Kültürel ve Sosyo-ekonomik Faktörler**  
YILMAZ S., TUZCU İ., SOYKAN A., ÖZEN Ş., KEPOĞLU A., KALDIRIMCI M.  
Atatürk Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, vol.7, 2005 (Peer-Reviewed Journal)
23. **Elit Genç Bayan Judocularında Müsabaka Öncesi Hızlı KiloVermenin Genel Kuvvet Üzerine Etkilerinin İncelenmesi**  
BANU Z., YILMAZ S., GÜLMEZ İ., RAMAZANOĞLU N., SOYKAN A., DEMİR A.  
İstanbul Üniversitesi Spor Bilimleri Dergisi, vol.11, pp.123-126, 2003 (Peer-Reviewed Journal)
24. **Yıldız Ve Genç Voleybolcuların Sağlık Ve Beceriye İlişkin Fiziksel Uygunluk Parametrelerinin İncelenmesi**  
SOYKAN A.  
9.ulusal Spor Hekimliği Kongresi.Kongre Kitabı, pp.407, 2003 (Peer-Reviewed Journal)

## Refereed Congress / Symposium Publications in Proceedings

- 1. The Effect of Training on Urinary N Acetyl beta D Glucosaminidase Levels of Karate do Players**  
AYÇA İ. B., BURUNCU S., SOYKAN A.  
Third International Meeting on Pharmacy Pharmaceutical Sciences (IMPPS-3), İstanbul, Turkey, 9 - 12 June 2010
- 2. The Analysis Of Changes In The Relative Strength Of Young Elite Female Judo Athletes As A Result Of Quick Loss Of Weight Prior To Competitions,**  
YILMAZ S., ZENGİN B., DEMİR A., GÜLMEZ İ., RAMAZANOĞLU N., SOYKAN A.  
5th International Scientific Congress "Sport,Stres, Adaptation – Olympic Sport and Sport for All", SOFYA, Bulgaria, 23 - 25 April 2010
- 3. The analysis of changes in the relative strength of young elite female Judo athletes as a result of quick loss of weight prior to competitions**  
YILMAZ S., ZENGİN B., DEMİR A., GÜLMEZ İ., RAMAZANOĞLU N., SOYKAN A.  
Fifth International Scientific Congress, Sports, Stress, Adaptation, Sofija, Bulgaria, 23 - 25 April 2010
- 4. 18-21 Yaş arası KarateErkek Kata Sporcularının Maç ve Antrenman Sonrası Laktik Asit Değerlerinin Karşılaştırılması**  
Soykan A., Çelik Kayapınar F.  
9.Uluslararası Spor Bilimleri Kongresi, Muğla, Turkey, 3 - 05 November 2006, vol.1, pp.480-481
- 5. 18-21 Yaş arası Bayan Karate Kata Sporcularının Maç ve Antrenman Sonrası Laktik Asit Değerlerinin Karşılaştırılması**  
Soykan A., Çelik Kayapınar F.  
9.Uluslararası Spor Bilimleri Kongresi, Muğla, Turkey, 3 - 05 November 2006, vol.1, pp.482-483
- 6. 18-21 Yaş arası Karate Kumite Bayan Sporcularının Maç ve Antrenman Sonrası Laktik Asit Değerlerinin Karşılaştırılması**  
Soykan A., Çelik Kayapınar F.  
9.Uluslararası Spor Bilimleri Kongresi, Muğla, Turkey, 3 - 05 November 2006, vol.1, pp.478-479
- 7. Anaerobic Power and Flexibility and Reaction Time of The Elite Karate Sportsman**  
Çelik Kayapınar F., Soykan A., Özbar N., Yılmaz S., Bozkurt S.  
10.ICHPER SD Europe Congress, Antalya, Turkey, 17 - 20 November 2004

## Academic and Administrative Experience

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|             |                       |                                                               |
|-------------|-----------------------|---------------------------------------------------------------|
| 2015 - 2018 | Institute coordinator | Marmara University, Faculty of Sport sciences, Sport Coaching |
|-------------|-----------------------|---------------------------------------------------------------|

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## Courses

Uzmanlık dalı Teknik Taktik II, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016, 2014 - 2015, 2013 - 2014, 2012 - 2013, 2011 - 2012, 2010 - 2011, 2009 - 2010, 2008 - 2009, 2007 - 2008, 2006 - 2007, 2005 - 2006, 2004 - 2005, 2003 - 2004, 2002 - 2003, 2001 - 2002, 2000 - 2001, 1999 - 2000, 1997 - 1998

Uzmanlık Dalı Özel Antrenman Teknikleri II, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016, 2014 - 2015, 2013 - 2014, 2012 - 2013, 2011 - 2012, 2010 - 2011, 2009 - 2010, 2008 - 2009, 2007 - 2008, 2006 - 2007, 2005 - 2006, 2004 - 2005, 2003 - 2004, 2002 - 2003, 2001 - 2002, 2000 - 2001, 1999 - 2000, 1998 - 1999

Uzmanlık Dalı Özel Antrenman Teknikleri IV, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016, 2014 - 2015, 2013 - 2014, 2012 - 2013, 2011 - 2012, 2010 - 2011, 2009 - 2010, 2008 - 2009, 2007 - 2008, 2006 - 2007, 2005 - 2006, 2004 - 2005, 2003 - 2004, 2002 - 2003, 2001 - 2002, 2000 - 2001, 1999 - 2000, 1998 - 1999

Uzmanlık Dalı Teknik Taktik 1, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018, 2016 -

2017, 2015 - 2016, 2014 - 2015, 2013 - 2014, 2012 - 2013, 2011 - 2012, 2010 - 2011, 2009 - 2010, 2008 - 2009, 2007 - 2008, 2006 - 2007, 2004 - 2005, 2003 - 2004, 2002 - 2003, 2001 - 2002, 2000 - 2001, 1999 - 2000, 1998 - 1999  
Uzmanlık Dalı Teknik Taktik V, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018, 2016 - 2017, 2015 - 2016, 2014 - 2015, 2013 - 2014, 2012 - 2013, 2011 - 2012, 2010 - 2011, 2009 - 2010, 2008 - 2009, 2007 - 2008, 2006 - 2007, 2005 - 2006, 2004 - 2005, 2003 - 2004, 2002 - 2003, 2001 - 2002, 2000 - 2001, 1999 - 2000, 1998 - 1999  
Denge ve Koordinasyon, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020

## Advising Theses

Soykan A., Investigation of the Relationship of Thrust Leg and Strike Arm in Karate-Do Gyaku-Zuki Technique, Postgraduate, A.Bakacak(Student), 2021  
Soykan A., Karate Branşında Gard Seçimlerinin Bacak İtişi ve Yumruk Vuruşu Üzerine Etkisinin Elit Kadın Sporcularda İncelenmesi, Postgraduate, S.Baş(Student), 2021  
Soykan A., Karatede Kumite Müsabakalarında Kullanılan Vücut Koruyucularının Etkinliğinin İncelenmesi, Postgraduate, O.Erdemir(Student), 2019  
Soykan A., Karatedeki bağırışların vuruş kuvvetine ve vuruş hızına etkisinin incelenmesi, Postgraduate, İ.HAKKI(Student), 2019  
Soykan A., Erkek karate sporcularında yorgunluğun hedefe yönelik hareket koordinasyonuna etkisi, Postgraduate, M.BIYIKLI(Student), 2018

## Metrics

Publication: 37  
Citation (WoS): 1  
H-Index (WoS): 1

## Research Areas

Health Sciences, Social Sciences and Humanities, Natural Sciences

## Coaching Duties

National Team, European University Games, Marmara University Karate Team, 2022 - 2022  
National Team, Combat Sports, Karate, 2019 - 2019  
National Team, Milli Takım, Dünya Üniversiteler Karate Şampiyonası, 2017 - 2017  
National Team, Milli Takım, Dünya Üniversiteler Karate Şampiyonası, 2015 - 2015  
National Team, Üniversiteler Avrupa Karate Şampiyonası, 2013 - 2013  
National Team, Üniversiteler Avrupa Karate Şampiyonası, 2007 - 2007  
National Team, Üniversiteler Avrupa Karate Şampiyonası, 2005 - 2005  
National Team, Milli Takım, Dünya Üniversiteler Karate Şampiyonası, 2000 - 2000

## Non Academic Experience

Türk Silahlı Kuvvetleri  
Florya Tevfik Ercan Lisesi